

How does 1st Five work?

Step 1

The primary care provider performs standardized surveillance for social/emotional development, family stress and parental depression.

Step 2

When a medical provider discovers a concern, the provider makes a referral to a 1st Five coordinator.

Step 3

Shortly after receiving the referral, the coordinator contacts the family to discuss available resources that will meet the family's needs. Often other issues come to light during these discussions and additional referrals are made. For every one medical provider referral to 1st Five, 2-3 additional referrals are identified when the care coordinator contacts the family. The coordinator works extensively with families to assure follow-up and access to services.

Step 4

The coordinator then provides feedback to the referring provider on the status of the referral.

Overall improved patient care results from this comprehensive, family-centered model.

