



Family Planning

Why is family planning important to Iowans?

Iowa's Family Planning program provides access to family planning services. Access to these services:

- Improves birth outcomes
- Promotes healthy families
- Reduces the number of unintended pregnancies
- Increases screening, testing, referral and treatment of STIs
- Improves overall health of men and women of reproductive age.

A 2016 report indicated the percentage of Iowa women ages 13-44 in need of contraceptive services and supplies was over 58%, a 5% increase from 2014.

In 2018, 19.5% of Iowa women of reproductive age (18-44 years) reported they do not have a primary care provider, and 22.7% reported not seeing a healthcare provider within the past year. IDPH-funded Title X agencies play an important role in serving Iowa's vulnerable populations. In 2019, 95% of IDPH-funded Title X clients were under 200% of the Federal Poverty Level, 25% did not have health insurance, and 37% were Black and/or Hispanic.

Did you know?

Spending just \$50 on family planning services yields \$350 in savings.

A focus on health equity

IDPH Title X-funded agencies prioritize low-income and minority men and women of reproductive age by utilizing outreach and education materials and strategies to reach these populations and collaborating with community partners who serve these individuals.

What does the department do?

- Provides funding to seven local agencies, covering 45 counties, which provide access to a broad range of family planning methods and related preventive health services. For more information about IDPH-funded Title X agencies, go to [IDPH's Family Planning web page](#).
- Monitors contract performance and provides technical assistance to ensure IDPH-funded Title X agencies adhere to all Title X requirements and are aware of priorities, key issues and new developments in reproductive health and family planning.
- Monitors various data sources to identify emerging issues and to assess and respond to gaps in access to services.
- Provides ongoing training and education to all IDPH Title X agency staff on relevant topics identified by the Title X Training and Advisory Committee.
- Collaborates with community partners to raise awareness of the importance of and availability of reproductive health services
- Ensures local Title X agencies provide culturally sensitive, non-coercive education on all contraceptive methods available, and screen for human trafficking, intimate partner violence, sexual coercion and mental health issues.
- Partners with three Federally Qualified Health Centers that provide family planning services as part of their comprehensive services to families.
- Collaborates with the Iowa Department of Human Services on quality improvement initiatives.

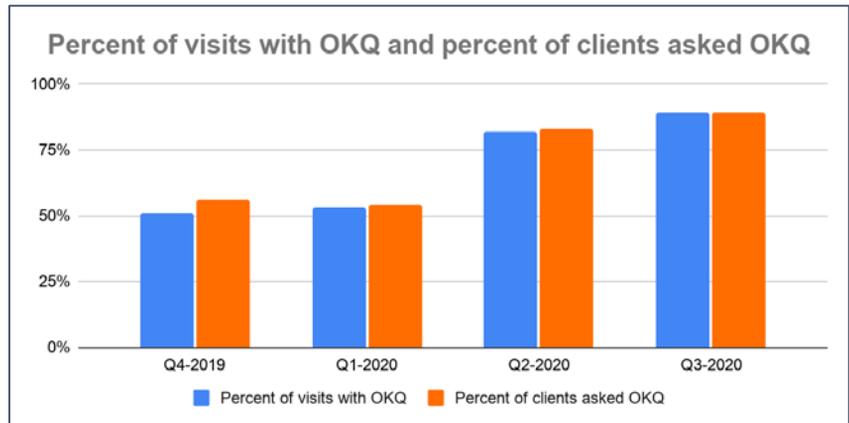


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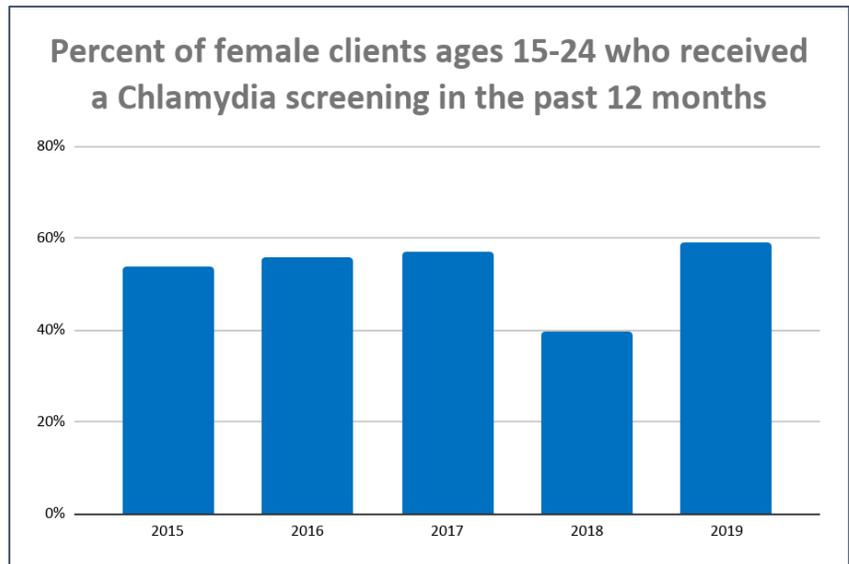
What can Iowans do to help?

- Learn more about the IDPH Title X program by going to the IDPH [Family Planning web page](#).
- Share with friends and family how important it is that pregnancies are planned.
- If you or someone you know needs access to family planning services, locate your local Title X agency by visiting the [HHS Office of Population Affairs Clinic Locator](#).
- Share with friends, colleagues and other health professionals that no-cost or low-cost reproductive health care screening and contraception is available by calling 1-800-369-2229.
- Contact your local Title X provider to see how you can support their work.

How do we measure our progress?



The One Key Question: Would you like to become pregnant in the next year?



Resources

	SFY 2019 Actual	SFY 2020 Actual	SFY 2021 Estimate
State Funds	\$0	\$0	\$0
Federal Funds	\$1,334,207	\$1,106,308	\$1,144,336
Total Funds	\$1,334,207	\$1,106,308	\$1,144,336
FTEs	1.53	1.64	1.45