Injury & Violence
Prevention Programs

Why is injury prevention important to Iowans?
• Injuries are a leading cause of death in Iowa. Unintentional injury is the leading cause of death for Iowans ages 1-44 and the fifth leading cause of death for all Iowans. Falls tend to drive unintentional deaths, with males aged 85+ having the highest rate.
• Over 75 Iowans are seen in emergency departments, hospitalized or die from a brain injury each day. Approximately 90,000 Iowans live with long-term disability from a traumatic brain injury.
• As of May 2021, there are currently 6,352 registered sex offenders on the Iowa Sex Offender Registry.
• Sexual Assault and Intimate Partner Violence are correlated to increased risk of anxiety, depression, sleep disorders, STIs, cardiovascular disease, substance misuse, GI issues, diabetes, traumatic brain injury and additional health outcomes identified across data sources.
• In 2018, 571 residents of Iowa died by violent death. 86% (or 490) of these deaths were suicides. The highest rates were found in young and middle age adults (25-64), accounting for 68% of all suicide deaths.

Did you know?
The Iowa Department of Public Health houses the Iowa Violent Death Reporting System (IAVDRS). The IAVDRS is the only state-based reporting system that pools more than 600 unique data elements from multiple sources into a usable, anonymous database. This system covers all types of violent death — including homicides and suicides — in all settings for all age groups. This system is far more comprehensive than what is available elsewhere, and data can be used to develop and tailor violence prevention efforts. More information can be found on the IAVDRS web page.

A focus on health equity
Injury and violence prevention staff participate in the IDPH Health Equity Driver’s Forum, bringing a lens that focuses on the intersections of injury, violence and disability and health equity.

What does the department do?
• IDPH funds Child Protection Centers (CPC) to provide trauma-informed environments for children undergoing a forensic interview and medical exam when child abuse is suspected. In state fiscal year 2020, 3,195 children were served by the CPCs.
• IDPH funds the Iowa Coalition Against Sexual Violence to provide training and technical assistance on the prevention of sexual violence, and to subcontract with local programs to conduct local prevention efforts across Iowa.
• IDPH leads the IVDRS through a contract with the University of Iowa’s Injury Prevention Research Center. The goal of this effort is to aid researchers, policymakers, and community interest groups in the development of public health prevention strategies to reduce violent deaths.
• Staff provide training and technical assistance to health care providers and other community professionals to recognize domestic and sexual violence and to support survivors. Between July 1, 2020 and April 30, 2021, 542 professionals received training by program staff.
• IDPH staff engage in various multisector collaborative groups aimed at the development of recommendations for state agencies, communities and individuals on how to prevent injury and violence.
What does the department do? (cont.)

- The Brain Injury Services Program works to improve the lives of Iowans living with brain injuries by linking those individuals and their families to needed information, services and supports, as well as training service providers and other professionals on how to best work with people who have sustained a brain injury.

- IDPH maintains the Iowa Brain Injury Registry to conduct surveillance and connect individuals who have sustained a brain injury with neuro-resource facilitation services. In 2019, 1,559 traumatic brain injury survivors were notified of neuro-resource facilitation through brain injury outreach efforts.

- IDPH provides Your Life Iowa, a resource for suicide prevention and other issues, which offers call, text and online chat support for Iowans who may be suicidal or concerned about someone else. Nearly 1,200 Iowans used this resource between July 2019 and March 2020.

How do we measure our progress?

[Graph showing age-adjusted death rate by cause]

What can Iowans do to help?

- Learn more about the Iowa Coalition Against Sexual Assault, and how you can help.
- Explore a CDC Violence Prevention Technical Assistance Package.
- Learn more about brain injury services and supports available in Iowa. To speak to a resource facilitator, contact the Brain Injury Alliance of Iowa at 855-444-6443 or info@bia.org.
- Serve on (or attend meetings of) the governor-appointed Advisory Council on Brain Injuries. For more information, visit the Advisory Council on Brain Injuries web page.
- Your Life Iowa is a suicide prevention helpline and resource for those concerned for themselves or others.

Resources

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<th>SFY 2019</th>
<th>SFY 2020</th>
<th>SFY 2021 Estimate</th>
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For more information, please visit https://idph.iowa.gov or call us at (515) 281-7689. July 2021