

FY2015 CHNA&HIP Progress Report

Muscatine County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Muscatine County residents will will achieve and maintain healthy weight.	Establish a community coalition that addresses obesity in Muscatine County.	The Coalition continues to meet regularly. An annual plan was updated in January 2015.
	Implement at least four new initiatives to support behavior change for improved nutrition for Muscatine County residents.	1. Supported Blue Zones Muscatine through certification in July, 2014. 2. Piloted a collaboration of Blue Zones Project, Unity Point- Trinity, and Muscatine Public Health and providers to connect patients through providers with Blue Zones Project tools and programs to improve their well-being. Although not overly successful, the pilot provided good feedback for the process. 3. Monthly Cooking classes continue. 4. Community gardens have organized and expanded. 5. The local farmer's markets have additional demonstrations, such as cooking, food preparation, and food storage.
	Implement at least four new initiatives to support behavior change encouraging daily physical activity for Muscatine County residents.	1. Supported Blue Zones Muscatine through certification in July, 2014. 2. Piloted a collaboration of Blue Zones Project, Unity Point- Trinity, and Muscatine Public Health and providers to connect patients through providers with Blue Zones Project tools and programs to improve their well-being. Although not overly successful, the pilot provided good feedback for the process. 3. Supported the city of Muscatine in its Complete Streets Policy and as the city continues to work on safe routes to schools with increased sidewalks available. 4. Walking Moais continue. 5. Two walking school buses are continuing.

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GOAL	Strategies	Progress on Strategies
Muscatine County residents will have improved mental health.	Demonstration of support and participation in efforts to establish increased collaboration and coordination of mental health services outlined in the County Mental Health Plan.	Continued information sharing regarding State of Iowa mental health and disability services redesign to the Board of Health and other community stakeholders regarding restructuring.
	Work toward improved psychiatric assessment/consultation in crisis situations for Muscatine County residents.	Tele psychiatry process implementation completed with Unity Point Trinity Muscatine Emergency Room and Robert Young Center for 24/7 coverage 7 days a week.
	Implement at least four new initiatives to support provision of mental health providers in Muscatine County.	1. Behavioral health integrated with primary care at Unity Point - Trinity Muscatine Clinic on a full-time basis. 2. Two Mental Health First Aid trainings were completed (one adult, one child). 3. Mental Health Task Force convened and provided a white paper on new services and short falls. 4. Children's Mental Health Consortium was established with 4 workgroups - crisis response, advocacy, resources, and care coordination/data.

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Muscatine County residents will support and promote behaviors as it relates to healthy families.	Establish a community coalition that addresses healthy families in Muscatine County.	The Family Effectiveness coalition continues to meet monthly.
	Implement at least two new initiatives to support improved family functioning.	1. Supported Blue Zones Muscatine through certification in July, 2014 . 2. Supported the Family Support Credentialing process for the Muscatine Y.
	Promote policies and practices to decrease domestic violence and child abuse.	1. Promoted " Plug into Your Family " week and the Muscatine Plug into Your Family Facebook page. 2. Promoted "Things to Do" flyer for winter and " 91 things to do in Muscatine this Summer ", 3. Promoted greater community awareness of events through information sharing at coalition meetings. 4. Supported Domestic Violence Shelter remaining open by transitioning management to Muscatine Center for Social Action.
	Promote policies and practices to decrease substance use.	Promoted greater community awareness of events through information sharing at coalition meetings.
	Promote policies and practices to decrease teen pregnancy and sexually transmitted infections.	1. Promoted greater community awareness of events through information sharing at coalition meetings. 2. Have prevention curricula in all middle schools in Muscatine County, as well as for ninth graders in all school districts in the county. 3. Providing evidence -based TOP (Teen Outreach Program) to East Campus (Alternative High School) in Muscatine.

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GOAL	Strategies	Progress on Strategies
Muscatine County residents will have improved dental health.	Establish a community coalition that addresses dental needs in Muscatine County.	A dental services coalition combination with the Muscatine Health Education committee continues to meet regularly.
	Establish a network of dental providers to provide service to uninsured/underinsured patients as needed, on a case-by-case basis for Muscatine County residents.	1. A network of dental providers has been identified to provide services to uninsured /underinsured children on a as needed, case-by-case basis. Information is updated twice a year and shared with families as needed. 2. Two FIND recipients continue to practice in Muscatine, with 35% of their patient base as underserved.
	If feasible, establish a location where adult dental care services can be provided to uninsured/underinsured patients in Muscatine County.	An Adult Dental Pilot Program closed following the start of the new Dental Wellness plan options.