

# FY2015 CHNA&HIP Progress Report

## Dallas County

### Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
By 2015 public awareness of resources to address the issues of access to care will increase by 5%.	Promote Dallas County Resource Directory website to healthcare providers, community agencies, and the general public; and, measure effectiveness by number of webpage hits.	Goal met, strategies 1 and 2 have been sustained.
	Define the roles of key stakeholders (i.e. HIRTA, DHS, United Way, Hispanics United for Perry, DCAT, and the Ministerial Association).	New work related to access to care began in 2014 as our agency conducted a Transportation Needs Assessment. We continue to explore funding for an RSVP model or Health Taxi to address access to primary care, other types of providers, and other health resources. This work will continue throughout FY15 and will extend into the next CHNA HIP period.
	Promote/educate health providers regarding the health navigation program.	This strategy continues to be part of the DCPHNS Health Navigation program. Funding from United Way of Central Iowa and Iowa Primary Care Association have enabled our agency to maintain our connections with primary care and other providers within our service area. The Health Navigation program continues to show results. Recently, this program assisted 5 local clinics in their outreach efforts to IHAWP enrollees, increasing their participation in the Healthy Behaviors program. These partnerships have continued as the efforts were mutually satisfying and productive.

**Dallas County**

**Community Health Improvement Plan**

GOAL	Strategies	Progress on Strategies
<p>Increase the % of Dallas Co adults who consume 5 or more fruits/vegetables per day by a 1% increment each time the BRFSS MSA asks this question (2011, 2013, 2015).</p>	<p>Have a fruit &amp; vegetable booth with samples &amp; items for sale at 3 town celebrations throughout Dallas County for the next 5 years.</p>	<p>2014- May 4<sup>th</sup>-Growing Cities Screening at Forest Park Museum; August 9<sup>th</sup>- Adel Sweet Corn Festival; August 15<sup>th</sup>- Perry Friday Fest in conjunction with Dallas Co Hospital; Perry 4<sup>th</sup> of July; August 22-23 Dallas Center Fall Fest</p>
<p></p>	<p>Create recipe cards with fruit &amp; vegetable recipes that can be provided to consumers at Farmers Markets, Grocery Stores, WIC Clinics, Angel Food Ministries &amp; Food Pantries.</p>	<p>Town celebrations (listed above)</p>
	<p>Provide community garden information &amp; Start-Up information/funding to city admin/clerks, who can then pass on information to potential interested groups.</p>	<p>Created school garden toolkit; provided garden information/start-up resources to schools/daycares, worksites, and retirement/senior centers. Gardens were established at Walnut Hills Elementary (Waukee), Country Kids Club Daycare (Van Meter), and 100 Acre Woods Child Care Center (De Soto). Updated list of Farmer’s Markets and CSAs to include those accepting WIC and SNAP. Added Community Garden Guide and updated Farmer’s Market/CSA list to Dallas County Public Health’s Website</p>
	<p>Provide resources to worksites, agencies, communities and restaurants including NEMS-V and NEMS-R.</p>	<p>NEMS-V completed at Woodward Academy and Perry Lutheran Home.</p>

## Dallas County

### Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Increase the % of Dallas Co adults who engage in regular physical activity by a 1% increase each time the BRFSS MSA asks this question (2011, 2012, 2013, 2014, 2015).	Promote “Live Healthy Iowa” in 1 town per year for the next 5 years	LHI was promoted on the Dallas County Website and HR sent an email with information/registration instructions to County Employees. Materials and information were also shared with the Perry Clinic; CTG coalition members and their respective organizations; Waukee YMCA; and Woodward Academy.
	At 2 town celebrations each year provide information about “Live Healthy Iowa” and other physical activity resources—also provide physical activity demonstrations, i.e. Yoga, Martial Arts, Pilates.	Discontinued
	Discuss Complete Street policies with city staff in two Dallas County towns to make towns more walkable.	Collaborated with community stakeholders to complete a walkability assessment (I-WALK) of the City of Perry; convened community discussion of results; and identified priorities/strategies for enhancing walkability/bikeability. Piloted a walking school bus program with Perry Elementary, garnering an average of 18 students participating each week.

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By 2015, demonstrate the effectiveness of a shared utility, health navigation, to assist with access issues; 75% of health navigation tier 1 clients will pursue resources/referral to achieve the desired result.	Utilize individual screening tool to determine needs/barriers for accessing health related services and designate tier 1 and tier 2 clients.	Through our funding from Iowa Primary Care Association, our program continues to identify avenues for determining the social needs of our communities in intersection with primary care appointments. We are currently finding a home for piloting our Social Needs tool, developed in conjunction with clinic staff from the Iowa Clinic. This tool has been shared with IME and IDPH as it is related to strategies outlined in the state's SIM application.
	Track tier 1 clients to determine % that pursued resources/referrals to achieve the desired result.	We continue to track referrals and resources needed by our Health Navigation clients and demonstrate the success of our program and its effectiveness. Strategies to secure referrals from other sources and increase the diversity of sources continue to be part of our work plans with the United Way and with Iowa Primary Care Association.

GOAL	Strategies	Progress on Strategies
By 2015 mental health resource awareness will increase by at least 10%.		All previous strategies have been replaced by strategies related to the ACE Study. The Mental Health workgroup has now branded themselves and is called Generation Wellness.

**Dallas County**

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GOAL	Strategies	Progress on Strategies
By 2015, 75% of Dallas County residents, seeking treatment services, will be able to begin treatment services within 7 days.		All substance abuse strategies have been discontinued and will be monitored by the Dallas County for Positive Choices.

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Decrease youth use of ATOD by 1% in each category by 2015.		All substance abuse strategies have been discontinued and will be monitored by the Dallas County for Positive Choices (DC4PC).
		In 2014, DC4PC hosted a town hall forum at the Youth Center in Adel on the topic of risky behaviors and substance abuse, and created and disseminated messaging countywide around the issue of underage drinking, including promotion of text a tip and SAMHSA's "Talk. They Hear You." media campaign. Also, partnered with the YMCA to facilitate "Life of an Athlete" training at the YMCA and Waukee Middle School. The training was developed by the American Athletic Institute to impact the use of substance abuse by athletes. In addition, Crisis Intervention and Advocacy conducted "Women Ending Addictions for Life (WEAL)", programming, a twelve week prevention and post-treatment program to prevent substance abuse (or relapse) in survivors of trauma/domestic abuse. The program teaches problem solving skills and promotion of healthy choices. "Seeking Safety", an evidence based curriculum, is utilized as the basis of this program.