

FY2015 CHNA&HIP Progress Report

Buena Vista County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Decrease the colon cancer rate in Buena Vista County from 29.2% to 20%	1. Collaborate with BVRMC to promote colon cancer awareness and begin to take action steps. Fall 2013	1. Neither our local hospital or the community health center participate in the Iowa Get Screened Program. Carroll County Health Services is now responsible for covering BV County. Since our last update we have had screenings at one of our local packing plants. Through this event we discovered three individuals who required treatment and assisted them to secure the treatment needed.
	2. Investigate grant opportunities for free or reduced cost colonoscopies. Fall 2013 to 2015	2. LPHA wrote an Iowa Cancer Consortium Grant, but did not receive it as no new programs were added. No other grant opportunities were investigated.
	3. Provide colon cancer education at Young at Heart, Senior Centers in BV County. Summer 2013	3. LPHA have implemented the Better Choices, Better Health program for Seniors in our county. It was presented at a low income housing unit. Participants voiced appreciation of the materials learned and reported making lifestyle changes. We are excited to continue to offer this program in our county.
	4. Develop kits for physicians with tools to use when promoting and educating citizens about colon cancer. Summer 2013	4. This strategy had no action since last report.
		5. Many county employees are participating in Relay for Life activities this year.

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<p>Decrease obesity rate from 25.1% to 20%</p>	<p>1. Develop a coalition of interested community members and providers with an interest in promoting nutrition and physical activity. Fall 2011.</p>	<p>1 and 2. Several coalitions that we participate in consider this a topic in their discussions. Plugging the topic into existing coalitions has worked better for our county than adding one more coalition to attend. Each coalition has addressed obesity with different promotions and activities.</p>
	<p>2. Develop strategies to address obesity in our county. Spring 2012.</p>	<p>3. We continue to promote Live Healthy Iowa strategies through our local hospital and our county wellness programs.</p>
	<p>3. Promote programs such as Fit for Life, 100 Day Challenge and Let's Move. Fall 2012.</p>	<p>4. Better Choices/Better Health program addresses obesity issues in their curriculum. We plan to continue offering this program 1-2 x year and at various locations. We also have recently trained staff in the Stepping ON program. Even though this is a fall prevention program, the interventions taught would also benefit any weight reduction program.</p>
	<p>4. Find a program that addresses obesity in older Iowans. Fall 2012.</p>	<p>Our agency continues to participate in the BV County Trails Committee. We have discussed "river" trails, bicycle trails and walking trails. We have worked on a brochure and have also recently purchased the signage for our county. The Young at Heart program at local hospital has provided education on nutrition, diet and exercise on an ongoing basis.</p>
	<p>5. Partner with BVRMC to promote their wellness program to other businesses, "Simply Well" Fall 2012</p>	<p>5. No action taken on this strategy.</p>
	<p>6. Visit with Community Ed regarding expanding the Farmer's Market to more days. Spring 2011</p>	<p>6. Community Ed has been approached about expanding Farmer's Market and there was not interest to do so.</p>
	<p>7. Participate on the Storm Lake Health Advisory Board. Spring 2011 to 2015.</p>	<p>7. We continue to participate in Storm Lake's Health Advisory Board as well as the Head Start/Early Head Start Advisory Board. Obesity strategies are addressed during their meetings.</p>
		<p>8. Storm Lake has several community gardens now and these are always well utilized by the community.</p>

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		9. Storm Lake has done a lot of work on making intersections handicap accessible and making sidewalks more conducive to citizens wanting to walk for exercise. The city used results of I-Walk data to plan their improvements.
		10. Agency Administrator wrote for a grant from IDPH, CHNA/HIP grant to put outdoor exercise equipment in a local park. There were only 4 grants awarded and unfortunately, our grant was not chosen. Would still like to see this happen if another opportunity should arise (perhaps a WellMark grant).

GOAL	Strategies	Progress on Strategies
Increase awareness in the county of mental health issues and improve knowledge and access to resources and treatment options.	1. Develop a mental health planning committee to address concerns and solutions. Fall 2012	1. With the arduous task of Redesign of Mental Health services in the state, developing a committee is a practical strategy at this time.
	2. Revise County Resource Brochure. Fall 2011	2. A Resource Book of all services available in Buena Vista County was revised in 2014 and again in 2015.
	3. Distribute the new resource brochure throughout the county, utilizing physician offices, churches, civic groups, schools, etc. Fall 2012.	3. Action ongoing
	4. Investigate additional funding for printing of brochures. Fall 2011	4. This funding was secured through DECAT in 2015.
	5. Mental health planning committee to continue to meet on regular basis to develop action steps. Fall 2011	5. NA

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Other agency strategies/accomplishments.	1. A needs assessment that addressed concerns for young families was completed fall of 2013.	1. Our Family STEPS program was instrumental in the organization of a committee to start a day care facility in Alta, with the eventual goal of starting another in Storm Lake.
	2. Our agency is a founding member of a coalition for serving the needs of minority and multicultural citizens of our communities.	2. Our SALUD group continues to be active and usually has 6-8 projects going at a time, with a list of additional projects we plan to work on. This is the most action oriented coalition that I participate in.
	3. We have secured free Tdap through G.I.F.T. program through Santofe Pasteur and have given many doses.	3. Strategy continues.
	4. STD incidence in our county was addressed with the participants developing our HIP, but not chosen as an area to work on. Since that time Planned Parenthood in Storm Lake has closed and so there is limited access to birth control and testing.	4. We assisted the Iowa Immunization Coalition to develop a Tdap brochure that stressed the importance of immunization of fathers, grandparents and other caregivers. Our agency staff translated this document into Spanish for the IIC and it is now available for all agencies in the state. We continue to be a location for free distribution of condoms. Our site is well utilized.
	5. Our local hospital's home care is now managed by Unity Point. They have discontinued a program that provided "maintenance" type care at a reduced rate.	5. No changes in this activity. We continue to work on promotion of this program.
	6. Our county is one of the 8 counties who are part of the Pioneer ACO model.	6. This year has been a "promotion and development" year for this grant. We have recently begun attending the local hospital's Care Transition Team meetings. We address hospital performance measure issues and discuss how we can work together to decrease ER use, improve med reconciliation and compliance, improve diseased management.
	7. LPHA is part of a larger health care coalition that meets quarterly at our local hospital.	7. This coalition has worked on many of same issues addressed in # 6 but includes larger scope of providers.
	8. In 2015 we are offering school based clinics to improve the Immunization Rates for HPV.	8. Three schools in the county are participating. We also had a mailing go out to all students in the affected age group and have had students start the 3 dose series after this intervention.
	9. Our county has a large number of refugees who move to this area for work.	9. We have expanded our offering of Adult private pay vaccine to include those immunizations required by refugees. Several of these vaccines are very costly, but we have had enough utilization to make the program sustainable.

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	10. A grant was written to Community Chest for dollars to address food insecurity.	10. LPHA was able to use dollars provided by Community Chest to give grocery gift cards to 75 of our clients at Christmas time.
	11. Our Family STEPS program sponsors a Car Seat Safety Day every year	11. Approximately 50 car seats are replaced each year at no charge to the family (free will donation if able). We collaborate with a local car dealership to host this event and the car seats are purchased with grant dollars.