

Warren County Health Improvement Plan

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For additional information, CONTACT:

Name	Organization	Phone	Email
Jodene DeVault RN BSN	Warren County Health Services	515.961.1074	jodened@warrencountyia.org

Community Priority

Mental Health - Access to Care

Goal #1	Increase access to Mental Health Providers in Warren County By 12/31/2021	National Alignment	State Alignment			
		AHS-5.1; AHS-6.1	8-1.4; 8-1.5			
Objective 1-1	Explore ways to increase access to Mental Health providers within 20 minutes or 30 miles of home.	Baseline Year	Baseline Value	Target Year	Target Value	
		TBD	TBD	TBD	TBD	
Strategy 1-1.1	Revive the Warren County Wellness Coalition (WCWC) and strive to develop a Mental Health subcommittee composed of those who are, or have close relationships with, mental health providers	<u>Strategy Type</u> Long-Lasting Protective Intervention				
	<u>Who's Responsible</u> Jodene DeVault RN BSN	<u>Target Date</u> 06/01/2016				
Strategy 1-1.2	Request the Mental Health sub committee explore how to communicate with providers outside of Warren County regarding consideration of adding telehealth to their practices.	<u>Strategy Type</u> Clinical Intervention				
	<u>Who's Responsible</u> WCWC/Emmalee Bowlin	<u>Target Date</u> 7/1/2016				
Strategy 1-1.3	Attempt to create a local ICON which can be consistently displayed across all web source to obtain mental health sources available in and out of Warren County.	<u>Strategy Type</u> Counseling & Education				
	<u>Who's Responsible</u> WCWC-MH subcommittee	<u>Target Date</u> 12/1/2016				
Strategy 1-1.4	Explore Options regarding creation of a 24/7 crisis team who can assist with evaluation of individuals in crisis and help to determine appropriate treatment/placement at the time of crisis.	<u>Strategy Type</u> Clinical Intervention				
	<u>Who's Responsible</u> WCWC/Eyerly Ball Mental Health Services	<u>Target Date</u> 12/1/2016				
Strategy 1-1.5	Work towards development of a 24/7 crisis help line strategy to "advertise" on websites, social media etc. This may be just tapping into a resource that treatment centers already have available.	<u>Strategy Type</u> Counseling & Education				
	<u>Who's Responsible</u> WCWC- MH subcommittee	<u>Target Date</u> 12/1/2016				
Strategy 1-1.6	Seek Collaboration between emergency room staff and law enforcement to identify how increased collaboration/ assessment protocols could provide more adequate treatment for those in crisis.	<u>Strategy Type</u> Clinical Intervention				
	<u>Who's Responsible</u> WCWC - MH subcommittee/Mike Morrison	<u>Target Date</u> 12/1/2016				

<p>Strategy 1-1.7</p>	<p>Explore potential opportunities to offer Parent Child Interaction Therapy training to current Warren County mental health Providers. Mapping the providers with and without the training could be useful in planning</p> <p><u>Who's Responsible</u> WCWC MH subcommittee</p>	<p><u>Strategy Type</u> Clinical Intervention</p> <p><u>Target Date</u> 12/1/2016</p>
<p>Strategy 1-1.8</p>	<p>Develop a relationship with some businesses in Warren County in an effort to promote employee assistance programs particularly the counseling and mental health products in each employee's plan (providing a training or information to employers)Civic, Faith bases and Business.</p> <p><u>Who's Responsible</u> WCWC (Warren County Wellness Coalition)</p>	<p><u>Strategy Type</u> Address Social Determinant / Health Inequity</p> <p><u>Target Date</u> 12/1/2016</p>
<p>Strategy 1-1.9</p>	<p>Discuss opportunities with school administrations and faith based leadership as to how we may be able to collaborate and support their efforts for addressing mental health issues in their respective environments.</p> <p><u>Who's Responsible</u> Roger Netsch and partners from WCWC</p>	<p><u>Strategy Type</u> Counseling & Education</p> <p><u>Target Date</u> Nov 1, 2016</p>

Community Priority

Food security and Healthy Food Access in Warren County

Goal #1 Increase food security and Healthy food access in Warren County through 12/31/2021	National Alignment NWS-12; NWS-13	State Alignment 6-1.13-6-1.20			
Objective 1-1	Increase food security and healthy food access in Warren County	Baseline Year TBD	Baseline Value TBD	Target Year TBD	Target Value TBD
Strategy 1-1.1	Revive the Warren County Wellness Coalition and strive to develop a subcommittee of those who have knowledge about our current food security system and are passionate about increasing opportunities and/or communicating these opportunities to the communities within our County. <u>Who's Responsible</u> Alli Zuel/WCWC (Warren County Wellness Committee)	<u>Strategy Type</u> Address Social Determinant / Health Inequity		<u>Target Date</u> 5/1/2016	
Strategy 1-1.2	Collaborate with cities/councils/churches to identify the number of community gardens that are available in our county, how they are managed and who may be able to enjoy the produce from the gardens with the objective being to identify additional sources of healthy foods for families. <u>Who's Responsible</u> Emily Roush/Alli Zuel and WCWC	<u>Strategy Type</u>		<u>Target Date</u> 6/1/2016	
Strategy 1-1.3	Attempt to engage Master gardeners, ISU extension office, Indianola Park Friends and other groups who currently provide community education on gardening to the public to consider providing classes about "Apartment Gardening" to provide families with another source of healthy foods. <u>Who's Responsible</u> Emily Roush	<u>Strategy Type</u> Address Social Determinant / Health Inequity		<u>Target Date</u> 9/1/2016	
Strategy 1-1.4	Provide education to community members, with a focus on those on supplemental nutrition assistance program (SNAP), on how to make their SNAP dollars go further by purchasing healthy foods; how to create quick and easy freezer meals and crockpot meals so they have a quick and healthy choice for their family rather than fast food. <u>Who's Responsible</u> ISU Extension/HyVee Dietitian/Outreach	<u>Strategy Type</u> Counseling & Education		<u>Target Date</u> 10/1/2016	
Strategy 1-1.5	Develop a flyer identifying all known food sources in Warren County to post in apartment buildings, laundromats, libraries, churches and other community locations so those who have a need for food can be aware of where/how to access these resources <u>Who's Responsible</u> Austine Nelson (Gen Assist. Intern)	<u>Strategy Type</u> Address Social Determinant / Health Inequity		<u>Target Date</u> 4/1/2016	

Strategy 1-1.6	Collaborate with a grocery store in Warren County who would consider altering the products they have available in the check out aisles to incorporate healthier choices	<u>Strategy Type</u> Environmental / Policy / Systems Change <u>Target Date</u> 12/1/2016
Strategy 1-1.7	Discuss the opportunities for vending machine changes for a Warren County business in order to affect employees making healthier snack choices while working	<u>Strategy Type</u> Environmental / Policy / Systems Change <u>Target Date</u> 12/1/2016
Strategy 1-1.8	Collaborate with backpack programs in our county to consider how the backpack programs can provide the current level of service, with increasing costs, yet increase the provision of some healthier options of the foods distributed.	<u>Strategy Type</u> Address Social Determinant / Health Inequity <u>Target Date</u> 12/1/2016
Strategy 1-1.9	Seek to provide opportunities for those who may qualify for programs such as SNAP, but do not have the understanding of the application process, to be able to contact Food Bank Association to complete the application via phone or in person with some technical assistance from the Food Bank Association	<u>Strategy Type</u> Address Social Determinant / Health Inequity <u>Target Date</u> 12/1/2016

Community Priority

Communication Planning on a County Wide Scale

Goal #1 Use health communication strategies to improve population health outcomes and health care quality, and to achieve health equity through 12/31/2021	National Alignment	State Alignment
	HC/HIT-1	

Objective 1-1 Enhance the plan for communicating to those residing in our county regarding the resources available to serve our needs. During our survey process for CHNA, we identified there are many services available yet many who reside in our county seem not be aware of these services.	Baseline Year	Baseline Value	Target Year	Target Value
	TBD	TBD	TBD	TBD

Strategy 1-1.1 Revive the Warren County Wellness Coalition and strive to develop a subcommittee of those who have knowledge about marketing and effective communication strategies who will work on development of a good communication plan all community providers of service may be able to utilize	<u>Strategy Type</u> Address Social Determinant / Health Inequity
<u>Who's Responsible</u> Emily Roush/Julie Fitzhugh	<u>Target Date</u> 9/1/2016

Strategy 1-1.2 Seek to remove competitive barriers between businesses to work together towards a healthier community and seek their input on methods they have found to be the best to communicate with their clientele	<u>Strategy Type</u> Counseling & Education
<u>Who's Responsible</u> WCWC Communication subcommittee	<u>Target Date</u> 12/1/2016

Strategy 1-1.3 Seek to utilize the members attending the Warren County Wellness Coalition as a "Resource Center" and encourage the members to share information learned at the meeting with those they serve or those they may come into contact with	<u>Strategy Type</u> Counseling & Education
<u>Who's Responsible</u> WCWC/Jodene	<u>Target Date</u> 12/1/2016

Strategy 1-1.4 Consider utilizing the local Public Health department as a central point of contact for those who need assistance and don't know who to call. PH has the expertise to be able to help individual's navigate through the maze of getting connected with who may be able to serve their need with the consumer always making the final choice. (Attempt to receiving funding from United Way within 5 years)	<u>Strategy Type</u> Counseling & Education
<u>Who's Responsible</u> Jodene DeVault	<u>Target Date</u> 12/1/2016