



For additional information about this report, CONTACT:

Name	Organization	Phone	Email
Rick Kozin	Polk County Health Department	515-286-3926	Rick.Kozin@polkcountyiowa.gov

Date Revised: February 9, 2016

Promote Healthy Living Assessment

includes topics such as addictive behaviors (tobacco, alcohol, drugs, gambling), chronic disease (mental health, cardiovascular disease, cancer, asthma, diabetes, arthritis, etc.), elderly wellness, family planning, infant, child & family health, nutrition and healthy food options, oral health, physical activity, pregnancy & birth, and wellness.

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Establish more vibrant communities and neighborhoods characterized by mixed and joint-use spaces and facilities that are accessible and available to everyone, including public gathering places for diverse and integrated engagement, and designs that promote healthy lifestyles.	Clustering public services and retail within close proximity to one another, along with residential areas, decreases reliance on automobiles, which reduces emissions, encourages walking and using public transportation, and leads to a more vibrant community. Building walking into daily routines and commuting patterns makes it easier to achieve recommended levels of physical activity. It follows that decreased usage of automobiles and lower volumes of auto traffic are correlated with fewer instances of auto-pedestrian accidents resulting in injuries and fatalities.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prevent Injuries & Violence Assessment

includes topics such as brain injury, disability, EMS trauma & system development, intentional injuries (violent & abusive behavior, suicide), occupational health & safety, and unintentional injuries (motor vehicle crashes, falls, poisoning, drowning, etc.).

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 None identified			<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Protect Against Environmental Hazards Assessment

includes topics such as drinking water protection, food waste, food safety, fluoridation, hazardous materials, hazardous waste, healthy homes, impaired waterways, lead poisoning, nuisances, on site wastewater systems, radon, radiological health, soil erosion, and vector control.

Environmental Hazards Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 None identified			<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prevent Epidemics & the Spread of Disease Assessment

includes topics such as disease investigation, control & surveillance, HIV/AIDS, immunization, reportable diseases, sexually transmitted diseases (STDs), and tuberculosis (TB).

Epidemics & Spread of Disease Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 None identified			<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Prepare for, Respond to, & Recover from Public Health Emergencies Assessment

includes topics such as communication networks, emergency planning, emergency response, individual preparedness, recovery planning, risk communication, and surge capacity.

Preparedness Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 None identified			<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Strengthen the Health Infrastructure Assessment

includes topics such as access to quality health services, community engagement, evaluation, food security, food systems, food and nutrition assistance (SNAP, WIC), health facilities, health insurance, medical care, organizational capacity, planning, quality improvement, social determinants (e.g., education & poverty levels), transportation, and workforce (e.g., primary care, dental, mental health, public health).

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Increase opportunities for expanded and alternative means of healthcare delivery to address issues limiting access to care	While central Iowa has relatively low rates of uninsured individuals, access to health care is a multi-faceted issue, touching all areas of care, provider options, payment systems, geography, and cultural considerations. Challenges remain with service and provider shortages throughout certain areas of care. The concept of exploring various means to provide care outside of traditional scenarios, such as in the clinic with a physician, may lead to helping address access, including provider shortages. Potential strategies: expand web-based physician consultations. Explore the use of smartphones as a tool for physicians and providers. Expand telemedicine. Study expanded urgent care locations and hours. use other primary care providers.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
2 Expand statewide training efforts for all professionals working with children across the various health and child-serving systems in Trauma Informed Care, cultural competency and mental health first aid.	Central Iowa leaders have conducted an Iowa-specific analysis on the Behavior Risk Factor Surveillance System to assess the health effects of childhood trauma for Iowans. The study showed that 55% of Iowa adults experienced at least one Adverse Childhood Experience (ACE) or incidents that can dramatically impact, or upset, the safe, supportive environment needed. In Central Iowa, 43 % of adults in Polk County experienced two or more adverse childhood experiences. This research points to a significant need for Central Iowa health providers, educators, social service professionals, to understand childhood trauma as a significant driver of poor health outcomes and to work to prevent its occurrence and mitigate its impact.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
3 Identify additional sources of funding to create new and expand existing training programs in Psychiatry and Psychology, and improve the mental health and disabilities training of primary care doctors and other primary care providers.	Currently, the State of Iowa has one psychiatric residency training program at the University of Iowa. Many local provider organizations are working together to start a second residency training program for psychiatry that would include rotations with several regional community partners. The primary barrier to starting a second residency program is funding. Once fully operational, the program would have up to 16 residents at a time with a projected annual cost of \$2.88 million. While there have been grants available to provide start-up funds for such a program, there is no assurance of future funding.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
4 Ensure access to health care services and education for Central Iowa's newcomer population	Central Iowa is experiencing dramatic growth in its immigrant and refugee population, with about 2500 refugees directly resettled in Polk County in the last five years. Refugees and immigrants face barriers to accessing culturally and linguistically appropriate healthcare services. Language remains a substantial barrier in understanding healthcare systems, including health insurance and accessing appropriate care and treatment. Cultural norms and stigmas may prevent some newcomers from seeking the help they need to deal with behavioral or substance abuse issues. These barriers result in a lack of proper care and services that ultimately affect the health and well-being of Iowa's refugee and immigrant families.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
5 Ensure access to high-quality pre-K and K-12 education for Central Iowa children	Despite Iowa's low unemployment rate and the highest graduation rates in the US, poverty and unemployment persist. The unemployment rate often is a reflection of a skills gap, which contributes to provider shortages and access issues for Central Iowans. As baby boomers retire, data indicates that a substantial portion of the working-age population lacks a sufficient level of literacy and numeracy skills to fully participate in the current work environment. It is imperative to provide the future workforce with a high quality early childhood and secondary education. This will prepare students for high school graduation, postsecondary education, and career opportunities in high-demand jobs.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Polk County

FEBRUARY 9, 2016

COMMUNITY HEALTH NEEDS ASSESSMENT SNAPSHOT



Promote Healthy Living

Priority #1 Establish more vibrant communities and neighborhoods characterized by mixed and joint-use spaces and facilities that are accessible and available to everyone, including public gathering places for diverse and integrated engagement, and designs that promote healthy lifestyles.



Prevent Injuries & Violence

Priority #1 None identified



Protect Against Environmental Hazards

Priority #1 None identified



Prevent Epidemics & the Spread of Disease

Priority #1 None identified



Prepare for, Respond to, & Recover from Public Health Emergencies

Priority #1 None identified



Strengthen the Health Infrastructure

- Priority #1 Increase opportunities for expanded and alternative means of healthcare delivery to address issues limiting access to care
- Priority #2 Expand statewide training efforts for all professionals working with children across the various health and child-serving systems in Trauma Informed Care, cultural competency and mental health first aid.
- Priority #3 Identify additional sources of funding to create new and expand existing training programs in Psychiatry and Psychology, and improve the mental health and disabilities training of primary care doctors and other primary care providers.
- Priority #4 Ensure access to health care services and education for Central Iowa's newcomer population
- Priority #5 Ensure access to high-quality pre-K and K-12 education for Central Iowa children