

Pocahontas County Health Department

Health Improvement Plan

Date Updated: January 22, 2016



For additional information, CONTACT:

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Community Priority

Tobacco

Goal #1 Educate general public on dangers of smoking and e-cigarettes.	National Alignment	State Alignment			
Objective 1-1 Reduce the adult smoking in Pocahontas County by 2%, from 20% to 18%.		Baseline Year	Baseline Value	Target Year	Target Value
		2016	20%	2020	18%
Strategy 1-1.1 Provide information to the schools and factories in Pocahontas County on tobacco and e-cigarettes.		<u>Strategy Type</u> Long-Lasting Protective Intervention		<u>Target Date</u> 01/31/2020	
Strategy 1-1.2 Educate the public about e-cigarettes and the harm that they do.		<u>Strategy Type</u> Long-Lasting Protective Intervention		<u>Target Date</u> 01/31/2020	

Community Priority

Mental Health

Goal #1 Educate and increase public awareness on mental health and depression.

National Alignment

State Alignment

Objective 1-1 Educate and increase public awareness on mental health and depression.

Baseline Year	Baseline Value	Target Year	Target Value
2016	To be determined (TBD)	2020	TBD increase from baseline.

Strategy 1-1.1 Distribute depression information sheets to public places, libraries, blood pressure clinics and meal sites.

Strategy Type
Counseling & Education

Who's Responsible
Pocahontas County Health Department

Target Date
01/31/2020

Community Priority

Promote Healthy Lifestyles and Behaviors

Goal #1	Educate the general public and our home care clients on the risk of diabetes, coronary heart disease and obesity.	National Alignment	State Alignment
			Chronic Disease

Objective 1-1	Educate and increase public awareness of the risk of diabetes, coronary heart disease and obesity in Pocahontas County.	Baseline Year	Baseline Value	Target Year	Target Value
		2016	TBD	2020	TBD increase from baseline.

Strategy 1-1.1	Distribute information at meal sites, blood pressure clinics, WIC, and other locations.	<u>Strategy Type</u> Counseling & Education	
		<u>Who's Responsible</u> Pocahontas County Health Department	<u>Target Date</u> Jan 1, 2020

Community Priority

Unintentional Injuries

Goal #1 Educate and provide information on falls, fall prevention, and safety programs to the general public and our home care clients.

National Alignment:

State Alignment:

Objective 1-1	Educate and increase public awareness of the risk of falls, fall prevention and safety programs in Pocahontas County.	Baseline Year	Baseline Value	Target Year	Target Value
		2016	TBD	2020	TBD increase from baseline.

Strategy 1-1.1 Distribute information at meal sites, blood pressure clinics, WIC, and other locations.

Strategy Type: Counseling & Education

Who's Responsible: Pocahontas County Health Department

Target Date: Jan 1, 2020

Community Priority

Radon

Goal #1	Make Pocahontas County residents aware of radon and where they can purchase radon kits.	National Alignment	State Alignment
			Environmental Health

Objective 1-1	Increase awareness about radon in Pocahontas County.	Baseline Year	Baseline Value	Target Year	Target Value
		2016	TBD	2021	TBD from the baseline.

Strategy 1-1.1	Educate the public about what radon is and the effects of radon.	Strategy Type	
		Address Social Determinant / Health Inequity	
<u>Who's Responsible</u>		<u>Target Date</u>	
Pocahontas County Health Department		1/31/2021	

Community Priority

Hazardous Materials

Goal #1	Educate the Pocahontas County residents that the Transfer Station takes Hazardous Materials.	National Alignment	State Alignment
			Environmental Health

Objective 1-1	Educate Pocahontas County residents that the Transfer Station take Hazardous Materials from March - July.	Baseline Year	Baseline Value	Target Year	Target Value
		2016	TBD	2020	TBD from the baseline.

Strategy 1-1.1	Put an ad in the Pocahontas newspaper stating the dates and times of the Transfer Station.	<u>Strategy Type</u>	
		<u>Who's Responsible</u> Pocahontas County Health Department	<u>Target Date</u> 1/31/2020

Community Priority

Individual Preparedness

Goal #1 Educate general public on emergency preparedness efforts in Pocahontas County.	National Alignment <div style="border: 1px solid black; height: 20px; width: 100%;"></div>	State Alignment <div style="border: 1px solid black; padding: 2px;">Public Health Emergency Preparedness</div>			
Objective 1-1	Increase awareness about emergency preparedness efforts in Pocahontas County.	Baseline Year <div style="border: 1px solid black; padding: 2px;">2016</div>	Baseline Value <div style="border: 1px solid black; padding: 2px;">TBD</div>	Target Year <div style="border: 1px solid black; padding: 2px;">2020</div>	Target Value <div style="border: 1px solid black; padding: 2px;">TBD from the baseline.</div>
Strategy 1-1.1	Educate the public about emergency preparedness efforts.	<u>Strategy Type</u> <u>Who's Responsible</u> Pocahontas County Health Department <u>Target Date</u> Jan 1, 2020			
Strategy 1-1.2	Identify the special needs populations within Pocahontas County and include these groups within the Pocahontas County Emergency Preparedness HandBook.	<u>Strategy Type</u> Counseling & Education <u>Target Date</u> Jan 1, 2017			

Community Priority

Transportation

Goal #1	Explore the availability of volunteers to provide transportation services in Pocahontas County.	National Alignment	State Alignment			
			Health Infrastructure			
Objective 1-1	Explore the availability of volunteers to provide transportation in Pocahontas County.	Baseline Year	Baseline Value	Target Year	Target Value	
		2016	TBD	2020	TBD from the baseline.	
Strategy 1-1.1	Discuss the need for volunteers at the quarterly Interagency meeting in Pocahontas.	Strategy Type				
		Address Social Determinant / Health Inequity				
	<u>Who's Responsible</u>	<u>Target Date</u>				
	Pocahontas County Health Department	1/1/2017				

Community Priority

Community Engagement

Goal #1	National Alignment	State Alignment			
Narrow the gap in communication between entities in Pocahontas County.		Health Infrastructure			
Objective 1-1	Narrow the gap in communication.	Baseline Year	Baseline Value	Target Year	Target Value
		2016	TBD	2020	TBD from the baseline.
Strategy 1-1.1	Discuss the gap in communication at the quarterly Interagency meeting in Pocahontas.	<u>Strategy Type</u> Address Social Determinant / Health Inequity			
	<u>Who's Responsible</u> Pocahontas County Health Department	<u>Target Date</u> Jan 1, 2017			
Strategy 1-1.2	Discuss the option of having a quarterly meeting with the Pocahontas Community Hospital.	<u>Strategy Type</u> Address Social Determinant / Health Inequity			
	<u>Who's Responsible</u> Pocahontas County Health Department	<u>Target Date</u> Jan 1, 2017			

Community Priority

Workforce Development

Goal #1 Continue workforce development with nursing staff and home care aide staff.	National Alignment	State Alignment	
		Workforce Development	

Objective 1-1 Continue workforce development with the nursing staff and home care aide staff.	Baseline Year	Baseline Value	Target Year	Target Value
	2016	TBD	2020	TBD from the baseline.

Strategy 1-1.1 Attend the Lunch and Learns at the Pocahontas Community Hospital.	<u>Strategy Type</u> Address Social Determinant / Health Inequity
<u>Who's Responsible</u> Pocahontas County Health Department	<u>Target Date</u> Jan 1, 2020

Strategy 1-1.2 Be aware of other educational opportunities in Pocahontas County.	<u>Strategy Type</u> Address Social Determinant / Health Inequity
<u>Who's Responsible</u> Pocahontas County Health Department	<u>Target Date</u> Jan 1, 2020