

# Mitchell County Health Improvement Plan

Date Updated: February 25, 2016



For additional information, CONTACT:

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# Community Priority

## Health Choices and Behaviors

<b>Goal #1</b> By 2020, reduce the incidence of obesity in residents of Mitchell County.	National Alignment	State Alignment	
		Healthy Living	

Objective 1-1	Decrease obesity rates in Mitchell County by 3%	Baseline Year	Baseline Value	Target Year	Target Value
		2014	28%	2020	25

Strategy 1-1.1	By 2020, Mitchell County Home Health Care will collaborate with community partners to improve health choices and behaviors in Mitchell County.	Strategy Type
		Counseling & Education

<u>Who's Responsible</u>	<u>Target Date</u>
Mitchell County Home Health Care and Public Health and Community Partners	01/01/2020

# Community Priority

## Texting and Driving

<b>Goal #1</b>	By 2020, educate the citizens of Mitchell County on the dangers of texting and driving.	National Alignment	State Alignment
		Injury and Violence Prevention	Prevent Injuries and Violence

<b>Objective 1-1</b>	Increase the percentage of Mitchell County students who are educated and promote awareness of the dangers of distracted driving with collaboration with three Mitchell County Schools and drivers education classes.	Baseline Year	Baseline Value	Target Year	Target Value
		2014	0%	2020	75%

<b>Strategy 1-1.1</b>	By 2020, Educate and promote awareness on the dangers of distracted driving including texting and driving. Collaborate with the three county schools and drivers education classes.	<u>Strategy Type</u>
		Counseling & Education
	<u>Who's Responsible</u>	<u>Target Date</u>
	Mitchell County Home Health Care and Public Health, schools, and drivers education instructors.	01/01/2020

# Community Priority

## Air Quality

<b>Goal #1</b>	Identify sources of indoor air quality concerns in Mitchell County residents by 2020.	National Alignment	State Alignment
		Environmental Health	Environmental Health

<b>Objective 1-1</b>	By 2020, a minimum of 60 houses annually in Mitchell County will be tested for radon.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	50	2020	60 homes

<b>Strategy 1-1.1</b>	Increase radon awareness in Mitchell County residents by promotion and education during Radon Awareness Month and selling radon testing kits through Mitchell County Home Health Care and Public Health and Mitchell County Sanitarian office.	<u>Strategy Type</u>
		Environmental / Policy / Systems Change

<u>Who's Responsible</u>	<u>Target Date</u>
Mitchell County Home Health Care and Public Health and Mitchell County Sanitarian.	1/1/2020

# Community Priority

## Immunizations

<b>Goal #1</b>	Increase vaccination rates of Mitchell County residents.	National Alignment	State Alignment
		Immunization and Infectious Disease	Immunization and Infectious Disease

<b>Objective 1-1</b>	Increase the percentage of Mitchell County adults greater than 18 years of age in IRIS that receive the annual seasonal influenza vaccine from 28% to 33% by 2020.	Baseline Year	Baseline Value	Target Year	Target Value
		2014	28%	2020	33%

<b>Strategy 1-1.1</b>	Offer seasonal influenza clinics throughout Mitchell County each year as vaccine supply allows. Educate on and promote the importance of receiving the annual influenza vaccine.	<u>Strategy Type</u>
		Long-Lasting Protective Intervention
	<u>Who's Responsible</u>	<u>Target Date</u>
	Mitchell County Home Health Care and Public Health Care and Community Partners.	01/01/2020

# Community Priority

## County Preparedness

<b>Goal #1</b>	By 2020, increase the percentage of people in Mitchell County that are prepared man made or natural disaster.	National Alignment Preparedness	State Alignment Preparedness and Response
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<b>Objective 1-1</b>	Increase the percentage by 25% of Mitchell County residents who report being prepared for an man made or natural disaster by 2020.	Baseline Year 2015	Baseline Value 50%	Target Year 2020	Target Value 75%
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<b>Strategy 1-1.1</b>	Educate and promote preparedness with the use of social media, newspapers, and community partners.	<u>Strategy Type</u> Long-Lasting Protective Intervention
	<u>Who's Responsible</u> Mitchell County Home Health Care and Public Health Care and Community Partners.	<u>Target Date</u> 01/01/2020

# Community Priority

## Education

<b>Goal #1</b>	Educate and provide support to Mitchell County residents affected by Medicaid Managed Care Organizations	National Alignment	State Alignment		
			Counseling and Education		

Objective 1-1	By 2020, increase the number of Mitchell County residents that voice understanding of Medicaid Managed Care Organizations.	Baseline Year	Baseline Value	Target Year	Target Value
		2015	NA	2020	20%

Strategy 1-1.1	Mitchell County Home Health Care and Public Health nurses and staff will educate and give guidance to clients and Mitchell County residents that are affected by Medicaid MCO changes.	<u>Strategy Type</u>			
		<u>Who's Responsible</u> Mitchell County Home Health Care and Public Health		<u>Target Date</u> 01/01/2020	