

Jasper County Health Improvement Plan

Date Updated: February 28, 2016



For additional information, CONTACT:

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Community Priority

Promote Healthy Living - Better access to mental health services

Goal #1		National Alignment	State Alignment			
Increasing access to local mental health services for Jasper County residents		Healthy People 2020 MHMD-6, MHMD-9	Mental & Emotional Well-being 8-1.2,8-1.3			
Objective 1-1	Increase availability of qualified local providers in the community for assessment and treating crisis mental illness from zero to at least one provider option	Baseline Year	Baseline Value	Target Year	Target Value	
		2016	0	2017	1	
Strategy 1-1.1	Complete community-wide collaborative service assessment for providers available for persons served with mental illness and/or mental health crisis	<u>Strategy Type</u> Counseling & Education				
	<u>Who's Responsible</u> Skiff Medical Center is seeking grant funds with intent to lead collaborative process of community providers charged with working together to improve access to care for supporting mental illness and promotion of mental health and well-being	<u>Target Date</u> Apr 30, 2017				
Strategy 1-1.2	Update current roster of providers serving mental health and mental illness needs and inform public for promoting availability and awareness	<u>Strategy Type</u> Long-Lasting Protective Intervention				
	<u>Who's Responsible</u> Jasper County Dept. of Health	<u>Target Date</u> Nov 30, 2016				
Strategy 1-1.3	Train key community members (e.g., adults who work with the elderly, youth, and armed services personnel) to identify the signs of depression and suicide and refer people to resources.	<u>Strategy Type</u> Counseling & Education				
	<u>Who's Responsible</u> Jasper County Health Department	<u>Target Date</u> Apr 28, 2017				
Goal #2		National Alignment	State Alignment			
Increase options for after hours services for mental health crisis services		Healthy People 2020 MHMD-6, MHMD-9	Mental & Emotional Well-being 8-1.2,8-1.3			
Objective 2-1	Communicate with health and human service providers how to respond to mental illness episodes in crisis for prompting assessment and treatment by a qualified mental health professional within 24 hours	Baseline Year	Baseline Value	Target Year	Target Value	
		2015	0	2017	1	
Strategy 2-1.1	Determine best practice protocol in the county for responding to mental health crisis after hours	<u>Strategy Type</u> Clinical Intervention				
	<u>Who's Responsible</u> Skiff Medical Center Emergency Department, Capstone, Jasper County Health Department	<u>Target Date</u> Jul 29, 2016				

Community Priority

Promote Healthy Living - Child Abuse & Neglect

Goal #1 By 2021, reduce the number of child abuse or neglect cases in Jasper County	National Alignment	State Alignment
	Injury and Violence Prevention- National Prevention Strategy; Infant Care - Healthy People 2020	Injury and Violence Prevention, and Health Living - Healthy Iowans

Objective 1-1	Decrease the number of children who have child abuse or neglect cases in Jasper County from 29.3 per 1000 in 2015 to lower than 24 per 1000 in 2020	Baseline Year	Baseline Value	Target Year	Target Value
		2015	29.3	2020	24.0
Strategy 1-1.1	Coordinate community partners to identify, plan and promote community engagement regarding child abuse prevention including programs serving parents and children	<u>Strategy Type</u> Address Social Determinant / Health Inequity			
	<u>Who's Responsible</u> Jasper County Health Department, Schools, Community Partners/Providers, Skiff Medical Center	<u>Target Date</u> Jan 1, 2018			
Strategy 1-1.2	Implement media campaigns to increase awareness of child abuse and neglect prevention	<u>Strategy Type</u> Address Social Determinant / Health Inequity			
	<u>Who's Responsible</u> Jasper County Health Department	<u>Target Date</u> Jan 1, 2018			
Strategy 1-1.3	Promote breast feeding initiation and duration and bonding between parents and infants in Jasper County	<u>Strategy Type</u> Counseling & Education			
	<u>Who's Responsible</u> Jasper County Health Department and Skiff Medical Center	<u>Target Date</u> Jan 1, 2019			
Strategy 1-1.4	Assess the community needs for evidence based parenting education programs	<u>Strategy Type</u> Counseling & Education			
	<u>Who's Responsible</u> Jasper County Health Department, VNS, Skiff Medical Center, Jasper County Prevent Child Abuse	<u>Target Date</u> Jan 1, 2019			
Strategy 1-1.5	Obtain funding to expand evidence based parenting activities to prevent child abuse and promote growth and development of children in Jasper County	<u>Strategy Type</u> Counseling & Education			
	<u>Who's Responsible</u> Jasper County Health Department, VNS, Skiff Medical Center, Jasper County Prevent Child Abuse	<u>Target Date</u> Jan 1, 2019			
Strategy 1-1.6	Explore the community needs for an after school program	<u>Strategy Type</u> Address Social Determinant / Health Inequity			
	<u>Who's Responsible</u> Jasper County Health Department, VNS, Skiff Medical Center, Jasper County Prevent Child Abuse, Schools	<u>Target Date</u> Jan 1, 2019			
Strategy 1-1.7	Implement a new community resource guide with available services for children and parents	<u>Strategy Type</u> Address Social Determinant / Health Inequity			
	<u>Who's Responsible</u> Jasper County Health Department, VNS, Skiff Medical Center, Jasper County Prevent Child Abuse	<u>Target Date</u> Jan 1, 2018			

Community Priority

Prevent Injuries & Violence - Fall Prevention & Injury Reduction

Goal #1 Reduce frequency of falls in lowans 65 years and older

National Alignment

Healthy People 2020

State Alignment

Healthy lowans - Iowa's Health Improvement Plan 2012-16, 2015 Revisions:
7-1.2 Promote the use of evidence based fall promotion strategies to community health professionals and monitor data on fall injuries and death. (Revised from original 7-1.2)

Objective 1-1 Reduce fall related death rate from 22 per 100,000 in Jasper County to 15 or less per 100,000.

Baseline Year	Baseline Value	Target Year	Target Value
2014	22	2017	15

Strategy 1-1.1 Initiate public health community communication for building awareness of fall prevention and living strategies

Strategy Type
Counseling & Education

Who's Responsible
Jasper County Health Department

Target Date
Aug 31, 2017

Strategy 1-1.2 Implement community education for >100 members >50 years old on the topic of fall prevention using Stepping On and/or Matter of Balance curriculum

Strategy Type
Counseling & Education

Who's Responsible
Wesley Life, Jasper County Health Department

Target Date
Jun 30, 2017

Objective 1-2 Reduce hospitalization rate due to falls from 19.8 to 17 or less per 1000

Baseline Year	Baseline Value	Target Year	Target Value
2014	19.8	2017	17

Strategy 1-2.1 Refer hospitalized patients to community service providers for home safety assessment and patient education for fall prevention at home

Strategy Type
Counseling & Education

Who's Responsible
Skiff Medical Center discharge planners and home care providers

Target Date
Jul 28, 2017

Strategy 1-2.2 Encourage in-home providers who work as direct care professionals (home care aides) to complete fall prevention education

Strategy Type
Counseling & Education

Who's Responsible
Jasper County Health Department

Target Date
May 2, 2016