

# Des Moines County Community Health Improvement Plan

Date Updated: February 17, 2016



For additional information, CONTACT:

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# Community Priority

## Mental Health and substance abuse

Goal #1 Increase Mental Health/Substance Abuse services	National Alignment	State Alignment			
Objective 1-1	By 2020, we will increase the education about Mental Health and Substance Abuse services to the citizens of Des Moines County.	Baseline Year	Baseline Value	Target Year	Target Value
		[ ]	TBD	[ ]	TBD
Strategy 1-1.1	Form two subcommittees for Wellness Fair and Summit	<u>Strategy Type</u> Long-Lasting Protective Intervention			
	<u>Who's Responsible</u> Sub-committee	<u>Target Date</u> 1/2016			
Strategy 1-1.2	Mental Health/Substance Abuse Summit, no formal events available in DMCO. at present Target group: Professionals and general public	<u>Strategy Type</u> Counseling & Education			
	<u>Who's Responsible</u> Sub-committee	<u>Target Date</u> Jan 1, 2017			
Strategy 1-1.3	Wellness fair(s)-NAMI is present in the community but no other forma events. Target group: General public, individuals with MH/SA concerns	<u>Strategy Type</u> Counseling & Education			
	<u>Who's Responsible</u> Subcommittee	<u>Target Date</u> Jan 1, 2017			
Strategy 1-1.4	Provide Evidence based Curriculum in schools- Evidence based curriculum presently in schools isobaric Life Skills or Project Alert for substance abuse in middle schools. No mental health curriculum provided. Target group 12-18 year old youth. Offer in 4 of 6 DMCO. middle/high schools MH/EB curriculum with 80% of those youth receiving education on Mental Health prevention, awareness and support available.	<u>Strategy Type</u> Counseling & Education			
	<u>Who's Responsible</u> Subcommittee	<u>Target Date</u> Fall 2017-Spring 2018			

# Community Priority

## Obesity and Physical Activity

Goal #1 Improve facilities for bicyclists and pedestrian in Burlington/West Burlington	National Alignment	State Alignment			
Objective 1-1	Move/install signs for new city bicycle route and paint lanes or shared roadway symbols where necessary by the end of 2016	Baseline Year	Baseline Value	Target Year	Target Value
			TBD		TBD
Strategy 1-1.1	Approach City of Burlington and West Burlington about changing route, moving signal, and painting pavement  <u>Who's Responsible</u> Des Moines County Living Well Team	<u>Strategy Type</u> Environmental / Policy / Systems Change  <u>Target Date</u> Feb. 2016			
Strategy 1-1.2	Identify routes through master plan.  <u>Who's Responsible</u> Des Moines County Living Well Team	<u>Strategy Type</u> Environmental / Policy / Systems Change  <u>Target Date</u> June 2016			
Strategy 1-1.3	Move signs and paint pavement.  <u>Who's Responsible</u> Des Moines County Living Well Team	<u>Strategy Type</u> Environmental / Policy / Systems Change  <u>Target Date</u> October 2016			

# Community Priority

## Poverty and Economic Opportunities

**Goal #1** Increase awareness, access and attainability of community services and resources for lower income individuals and families in Des Moines County.

National Alignment

State Alignment

Objective 1-1	By 2020, Des Moines County providers and agencies will increase their awareness of community resources and improve collaboration in an effort to connect lower income patients and clients with the resources they need to be healthy.	Baseline Year	Baseline Value	Target Year	Target Value
		<input type="text"/>	TBD	<input type="text"/>	TBD

Strategy 1-1.1 1. Update community resource directory.

a. Explore creating stand-alone website

b. Explore creating print version of directory

Strategy Type  
Address Social Determinant / Health Inequity

Who's Responsible  
GRHS, IA State Extension, Public Library, West Burlington Independent School District

Target Date  
July 2016

Strategy 1-1.2 1. Expand Des Moines County Interagency meeting participation.

Strategy Type  
Address Social Determinant / Health Inequity

Who's Responsible  
GRHS, IA State Extension, Public Library, West Burlington Independent School District

Target Date  
July 2016

Strategy 1-1.3 1. Expand Interagency Resource e-mail list and/or consider transforming into a listserv to improve communication among agencies/organizations.

Strategy Type  
Address Social Determinant / Health Inequity

Who's Responsible  
GRHS, IA State Extension, Public Library, West Burlington Independent School District

Target Date  
July 2016

Strategy 1-1.4 1. Educate DMC providers and agencies about community resources, programs and impact of social determinants on health.

Strategy Type  
Counseling & Education

Who's Responsible  
GRHS, IA State Extension, Public Library, West Burlington Independent School District

Target Date  
October 2016

Strategy 1-1.5 1. Research and identify evidence-based interventions that successfully connect people in need with community resources (e.g., Health Leads®, Bridges Out of Poverty, etc.).

Strategy Type  
Address Social Determinant / Health Inequity

Who's Responsible

GRHS, IA State Extension, Public Library, West Burlington Independent School District

Target Date

December 2016

Strategy 1-1.6

1. Explore grant opportunities to implement evidence-based pilot program.

Strategy Type

Address Social Determinant / Health Inequity

Who's Responsible

GRHS, IA State Extension, Public Library, West Burlington Independent School District

Target Date

Ongoing

# Community Priority

## Violent Crime

Goal #1 Increase violence prevention education to area youth	National Alignment	State Alignment			
Objective 1-1	By December 2020 identify community groups able to provide education and activities to area youth to foster education and violence prevention.	Baseline Year	Baseline Value	Target Year	Target Value
			6		9
Strategy 1-1.1	Encourage collaboration and align goals and programs.	<u>Strategy Type</u> Environmental / Policy / Systems Change  <u>Who's Responsible</u> DM County Public Health and County Attorney, GRHS  <u>Target Date</u> December 2016			
Strategy 1-1.2	Seek grants and local funds if available	<u>Strategy Type</u> Environmental / Policy / Systems Change  <u>Who's Responsible</u> DM County Public Health and County Attorney, GRHS  <u>Target Date</u> Ongoing			
Strategy 1-1.3	Research the possibility of developing new programs i.e.. Big Brother/Big Sister program	<u>Strategy Type</u> Counseling & Education  <u>Who's Responsible</u> DM County Public Health and County Attorney, GRHS  <u>Target Date</u> Ongoing			
Strategy 1-1.4	Facilitate contacts between providers and necessary persons in the community	<u>Strategy Type</u> Counseling & Education  <u>Who's Responsible</u> DM County Public Health and County Attorney, GRHS  <u>Target Date</u> Ongoing			