

Carroll County Public Health Community Health Improvement Plan

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For additional information, CONTACT:

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Community Priority

Fall Prevention in Older Adults and those with Disabilities

Goal #1	Work with community partners to establish a falls prevention coalition.	National Alignment	State Alignment			
			Healthy Iowans-Iowa's Health Improvement Plan 2012-16, 2015 Revisions: 7-1.2 Promote the use of evidence-based fall promotion strategies to community health professionals and monitor data on fall injuries and death. <i>(Revised from original 7-1.2)</i>			

Objective 1-1	By 2017, complete all strategies to establish a Falls Prevention Coalition.	Baseline Year	Baseline Value	Target Year	Target Value
		2016	0%	2017	100%
Strategy 1-1.1	Attend all phone conference calls for the Iowa Falls Prevention Coalition in 2016. The meeting dates scheduled are March 10th, May 12th, July 8th- Falls Prevention Symposium (in person), September 8th and November 10th. The phone conference number to call is 515-281-7359.	<u>Strategy Type</u> Address Social Determinant / Health Inequity			
	<u>Who's Responsible</u> Carroll County Public Health	<u>Target Date</u> Nov. 15, 2016			
Strategy 1-1.2	Invite strategic community partners to engage in a partnership based on fall prevention.	<u>Strategy Type</u> Long-Lasting Protective Intervention			
	<u>Who's Responsible</u> Carroll County Public Health	<u>Target Date</u> May 15, 2016			
Strategy 1-1.3	Form a Fall Prevention Coalition with community partners to work on strategic planning to reduce fall hospitalizations in Carroll County.	<u>Strategy Type</u> Long-Lasting Protective Intervention			
	<u>Who's Responsible</u> Carroll County Public Health	<u>Target Date</u> Sept 1, 2016			

Goal #2	Promote the use of the Matter of Balance program throughout Carroll County.	National Alignment	State Alignment			
			Healthy Iowans-Iowa's Health Improvement Plan 2012-16, 2015 Revisions: 7-1.2 Promote the use of evidence-based fall promotion strategies to community health professionals and monitor data on fall injuries and death. <i>(Revised from original 7-1.2)</i>			

Objective 2-1	Reduce the hospitalization rate related to falls of people ages 65 and older or those with a disability by 10% by December 2021.	Baseline Year	Baseline Value	Target Year	Target Value
		2009-13	24.11	2021	21.7

Strategy 2-1.1 Train one person as a Master Trainer for A Matter of Balance (MOB) program by March 15, 2015.

Strategy Type
Clinical Intervention

Who's Responsible
Carroll County Public Health

Target Date
Mar 15, 2015

Report Date

March 12, 2015

Progress on Strategy

Complete On track Off track No progress

Progress notes: Julie Towne, RN trained as a Master Trainer for MOB program on March 11-12, 2015.

Strategy 2-1.2 Master Trainer train two additional coaches for A Matter of Balance (MOB) program by December 31, 2016.

Strategy Type
Clinical Intervention

Who's Responsible
Carroll County Public Health

Target Date
Dec. 31, 2016

Strategy 2-1.3 Offer two Matter of Balance classes in Carroll County free of charge to older adults greater than 65 years of age or those with a disability by March 1, 2017.

Strategy Type
Clinical Intervention

Who's Responsible
Carroll County Public Health

Target Date
March 1, 2017

Goal #3 Work with community partners to establish a home safety assessment and home modification program.

National Alignment

National Prevention Strategy June 2011, Priorities: Injury and Violence Free Living #3: Promote and strengthen policies and programs to prevent falls, especially among older adults.

State Alignment

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Objective 3-1 Establish a home safety assessment program by March 1, 2017.

Baseline Year	Baseline Value	Target Year	Target Value
2016	0	2017	1

Strategy 3-1.1 Present the home safety assessment idea to the community health partners by June 1, 2016.

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
Carroll County Public Health

Target Date
June 1, 2016

Strategy 3-1.2 Research and choose a home safety assessment program by September 1, 2016.

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
Carroll County Public Health

Target Date
Sept. 1, 2016

Strategy 3-1.3 Research funding opportunities for home safety assessment program, ongoing.

Strategy Type
Address Social Determinant / Health Inequity

Who's Responsible
Carroll County Public Health

Target Date
ongoing

Strategy 3-1.4 Research and choose a home modification program with community partners by September 1, 2016.

Strategy Type

Address Social Determinant / Health Inequity

Who's Responsible

Carroll County Public Health

Target Date

Sept. 1, 2016