

Carroll County Public Health

Community Health Needs Assessment (CHNA) Report



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Carroll County Public Health

Promote Healthy Living Assessment

includes topics such as addictive behaviors (tobacco, alcohol, drugs, gambling), chronic disease (mental health, cardiovascular disease, cancer, asthma, diabetes, arthritis, etc.), elderly wellness, family planning, infant, child & family health, nutrition and healthy food options, oral health, physical activity, pregnancy & birth, and wellness.

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Increase Carroll County Health Behaviors Ranking in the state of Iowa.	According to the 2015 County Health Behaviors Ranking Carroll County ranks 40 out of 99 counties based on indicators that include: adult smoking, obesity, physical inactivity, excessive drinking, sexually transmitted infections, and others.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
2 Increase healthy eating and activity levels in Carroll county adults.	Source: County Health Ranking 2015 shows in Carroll county, 30% of adults report a BMI of 30 or greater and 22% report no leisure time physical activity.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
3 Reduce binge drinking in Carroll county teens.	Twelve percent of 6th, 8th and 11th grade youth in Carroll County have had at least one alcoholic drink in the last 30 days according to the Iowa Youth Survey. Binge drinking is defined as 5 or more drinks of alcohol per occasion. Carroll county 11th graders reported a high rate of binge drinking at 18% as compared to the state average of 14%.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
4 Reduce the amount of older youth that use tobacco related products on a regular basis.	Source: Iowa youth survey 2014 shows 16% of Carroll county older teens use tobacco products on a regular basis as compared to the state average of 14%.	No	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Healthy Living Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
5 Reduce adult cigarette smoking.	Source: County Health snapshot, 2015 shows that Carroll county exceeds the state percentage of lowan adults who smoke cigarettes. Carroll county is at 21% and the state average is 18%.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Carroll County Public Health

Prevent Injuries & Violence Assessment

includes topics such as brain injury, disability, EMS trauma & system development, intentional injuries (violent & abusive behavior, suicide), occupational health & safety, and unintentional injuries (motor vehicle crashes, falls, poisoning, drowning, etc.).

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Reduce the rate of 11th graders that have seriously considered suicide.	Source: According to the Iowa Youth Survey 11th graders that have seriously considered suicide is at 18%.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
2 Fall Prevention in Older Adults and those with Disabilities.	"Falls are one of the leading causes of injury hospitalization and deaths among older adults in Iowa. The CDC indicates that millions of adults aged 65 and older fall each year in the US alone. Falls can cause moderate to severe injuries, such as hip fractures and head traumas, and have been shown to increase the risk of early death. According to the WHO, a fall is an event which results in a person coming to rest unintentionally on the ground or floor or other lower level. One out of three older adults falls each year, but about half of those who fall never reported or discussed their fall with a healthcare provider."	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
3 Reduce the number of suicides in Carroll County.	Service area data as compared to the Healthy People 2020 Objectives. Carroll county 16.3 per 100,000 to the Healthy People 2020 Objective of 10.2 per 100,000.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Injuries & Violence Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
4 Reduce the rate of 11th graders according to the Iowa Youth Survey that felt hopeless or sad for two weeks or more to the point they stopped some regular activities.	Source: Iowa Youth Survey 2014 showed Carroll county 11th graders at 23%. We would like see this reduced to 15% over the next 5 years.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Protect Against Environmental Hazards Assessment

includes topics such as drinking water protection, food waste, food safety, fluoridation, hazardous materials, hazardous waste, healthy homes, impaired waterways, lead poisoning, nuisances, on site wastewater systems, radon, radiological health, soil erosion, and vector control.

Environmental Hazards Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 No priorities were identified in this focus area.		No	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Carroll County Public Health

Prevent Epidemics & the Spread of Disease Assessment

includes topics such as disease investigation, control & surveillance, HIV/AIDS, immunization, reportable diseases, sexually transmitted diseases (STDs), and tuberculosis (TB).

Epidemics & Spread of Disease Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Increase Carroll County HPV series completion for 13-15 year olds.	Carroll County was at a 6% completion 2 years ago. Education and promotion has increased the percentage and the community needs. Currently we are at a 17% completion rate in Carroll. This is still low compared to the state average of 27%.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Epidemics & Spread of Disease Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
2 Offer immunizations twice a month in Public Health and every other month in Manning or Coon Rapids based on need. Clinics will be after 5pm once a month as well.	72% of those that responded to the Community Health Needs Assessment cited prevention of epidemics a priority. Offering outreach services enables Carroll county residents to have access to immunization services.	No	<input type="checkbox"/> Other priorities rated higher <input checked="" type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Epidemics & Spread of Disease Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
3 Increase the percentage of adults in Carroll County that have received the flu vaccine.	Carroll county residents are currently at 41% as compared to the Healthy People 2020 objective of 80% by 2020.	No	<input checked="" type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Carroll County Public Health

Prepare for, Respond to, & Recover from Public Health Emergencies Assessment

includes topics such as communication networks, emergency planning, emergency response, individual preparedness, recovery planning, risk communication, and surge capacity.

Preparedness Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:
1 Carroll County's ability to prepare for, withstand and recover from public health incidents.	71% of those that responded on the CHNA survey cited this a priority. According to the Public Health Preparedness Capabilities, National Standards for State and Local Planning March 2011, public health threats are always present. Capability 1: Community Preparedness entails engaging and coordinating public health, emergency management, healthcare organizations (private and community-based), mental/behavioral health providers, community and faith-based partners, state, local, and territorial partners.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other _____ <input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Carroll County Public Health

Strengthen the Health Infrastructure Assessment

includes topics such as access to quality health services, community engagement, evaluation, food security, food systems, food and nutrition assistance (SNAP, WIC), health facilities, health insurance, medical care, organizational capacity, planning, quality improvement, social determinants (e.g., education & poverty levels), transportation, and workforce (e.g., primary care, dental, mental health, public health).

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
1 Transportation for low income, disabled and elderly	Lack of available transportation is frequently identified as a barrier to services. Many low-income families, disabled and elderly do not have reliable transportation. There is limited public transportation for needed destinations and appointment times.	Yes	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input type="checkbox"/> Community partners do not exist <input type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Health Infrastructure Community Priority	Rationale / Specific Need	Is this priority in the HIP?	If the priority is not addressed in the HIP, reason(s) why:	
2 Develop an access plan to quality health services.	As indicated by 63% of respondents on the CHNA, Carroll county residents do not feel that have adequate knowledge on how to access quality health service.	No	<input type="checkbox"/> Other priorities rated higher <input type="checkbox"/> Existing programs already address problem/need <input type="checkbox"/> Lack of human resources/ staff <input type="checkbox"/> Other	<input type="checkbox"/> Community partners do not exist <input checked="" type="checkbox"/> Lead organization does not exist <input type="checkbox"/> Lack of financial resources

Carroll County Public Health

FEBRUARY 19, 2016

COMMUNITY HEALTH NEEDS ASSESSMENT SNAPSHOT



Promote Healthy Living

- Priority #1 Increase Carroll County Health Behaviors Ranking in the state of Iowa.
- Priority #2 Increase healthy eating and activity levels in Carroll county adults.
- Priority #3 Reduce binge drinking in Carroll county teens.
- Priority #4 Reduce the amount of older youth that use tobacco related products on a regular basis.
- Priority #5 Reduce adult cigarette smoking.



Prevent Injuries & Violence

- Priority #1 Reduce the rate of 11th graders that have seriously considered suicide.
- Priority #2 Fall Prevention in Older Adults and those with Disabilities.
- Priority #3 Reduce the number of suicides in Carroll County.
- Priority #4 Reduce the rate of 11th graders according to the Iowa Youth Survey that felt hopeless or sad for two weeks or more to the point they stopped some regular activities.



Protect Against Environmental Hazards

- Priority #1 No priorities were identified in this focus area.



Prevent Epidemics & the Spread of Disease

- Priority #1 Increase Carroll County HPV series completion for 13-15 year olds.
- Priority #2 Offer immunizations twice a month in Public Health and every other month in Manning or Coon Rapids based on need. Clinics will be after 5pm once a month as well.
- Priority #3 Increase the percentage of adults in Carroll County that have received the flu vaccine.



Prepare for, Respond to, & Recover from Public Health Emergencies

- Priority #1 Carroll County's ability to prepare for, withstand and recover from public health incidents.



Strengthen the Health Infrastructure

- Priority #1 Transportation for low income, disabled and elderly
- Priority #2 Develop an access plan to quality health services.