

Boone County Hospital and Public Health Health Improvement Plan

Date Updated: April 8, 2016



For additional information, CONTACT:

Name	Organization	Phone	Email
Debi Pestotnik	Boone County Public Health	515-432-1127	dpestotnik@bchmail.org
Joe Smith	Boone County Hospital	515-433-8481	jsmith@bchmail.org

Community Priority

Promote Healthy Living

Goal #1 Reduce the rate of obesity in children and adults in Boone County .

National Alignment

State Alignment

Objective 1-1	By 2015 the rate of obesity in children and adults in Boone County will decrease by 2%. Baseline: 30% adult obesity rate in 2010, 22-32% of high school students are in the low healthy and poor zones for fitness testing in the Boone School district (per 2010 data)	Baseline Year	Baseline Value	Target Year	Target Value
		2013	No workgroup /task force	2015	Workgroup /task force established

Report Date
Apr 8, 2016

Year

Value

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes: There are various organizations/groups in the county that are participating in wellness programs through their school or business. Current data from US Department of Health and Human Services shows adult obesity for Boone County is 32.2%, this rate has actually increased slightly from the data used in 2010, the US median is 30.4%

Strategy 1-1.1 Develop a workgroup, Assess resources already available in the county. Partner with Community resources to promote physical activity and nutrition.

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Boone County Hospital and Boone County Hospital Foundation

Target Date
Dec 31, 2015

Report Date
Apr 8, 2016

Progress on Strategy

Complete On track Off track No progress

Progress notes: Ongoing, Many organization/groups in county are participating in wellness programs through their business or school. Promoting Live Healthy Iowa . May 2014 Hospital continues to promote wellness/exercise programs throughout Boone County. May 2015 Hospital continues to provide educational programs to the community on Healthy Eating with outside speakers (Fareway Grocery, Iowa Soy Bean Council) average of 30 people attend each session. Provide Yoga and Pilates classes for staff. Duathlon was held in Boone in May of 2014, in the Final stages of planning for 5k and 10k run at the High Tressel Bike Trail in Madrid in June.

Strategy 1-1.2 Explore funding sources for weight management

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Boone County Hospital, City Government

Target Date
Dec 31, 2015

Report Date
Apr 8, 2016

Progress on Strategy

Complete On track Off track No progress

Progress notes: Exploring funding for the Walking School Bus program and the Older Iowans I-WALK program. Programs presented to Board of Health on 2/26/13 and received their approval. May 2014 - Walking School Bus didn't pick up in popularity during the trial period. Will Continue to explore this program and hopefully with time, patience, and the right people heading it up, the program could become a very viable option for Boone. The end results of the I-WALK project were presented to

the City of Boone, City Engineer and Boone City Council to make them aware of the potential hazardous areas that could use renovations. The information was well received and noted for future reference. No progress/ work has been done with this in the past year.

Strategy 1-1.3 Involvement in upcoming fairs and events to promote nutrition and physical activity

Strategy Type
Environmental / Policy / Systems Change

Who's Responsible
Boone County Hospital and Boone County Public Health

Target Date
Dec 31,2015

Report Date
Apr 8, 2016

Progress on Strategy			
<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress

Progress notes: May 2014 - Participated in Childrens Fair at the Boone Middle School on 4/5/14 with approximately 300 attending. Many booths and information on nutrition and exercise. Participated in the Sr. Expo 9/23/14 there were booths for nutrition as well as exercise/fitness there also. April 11, 2015 participated in the Childrens Fair at the Boone Middle School with over 500 attending this year, once again there were booths for nutrition and exercise/fitness. Planning is currently underway for the Sr. Expo this fall. Boone County Public health participated in 2 childrens fairs in 2015 promoting healthy living and eating along with many other vendors who participated there was a large turn out at the events.

Strategy 1-1.4 New strategies from Boone County Hospital Community Health needs assessment done June 2013: (1) Investigate "Blue Zone" criteria and Healthy Iowa program for possible implementation at the Hospital, (2) Work with other local community organizations and businesses to develop an educational series on healthy eating.

Strategy Type
Counseling & Education

Who's Responsible
Boone County Hospital

Target Date
Dec 31, 2015

Report Date
Apr 8, 2016

Progress on Strategy			
<input type="checkbox"/> Complete	<input type="checkbox"/> On track	<input type="checkbox"/> Off track	<input checked="" type="checkbox"/> No progress

Progress notes: May 2014-No current obesity rate found. The 2011 Overweight/obesity rate for Boone County was 74.2% (state rate 67.0%). Hospital representative met one time with community leaders to look at "Blue Zone" criteria. No further meetings or activity have occurred Boone County Hospital has had 2 educational sessions for the community on healthy eating. May 2015- Boone County Hospital has had 2 educational sessions on healthy eating for the community. The current published Adult Obesity rate is 30.0% for Boone County, there was no data for children found.

Community Priority

Healthy Living

Goal #1 Education will be provided to all emergency responders and community partners to address mental health.

National Alignment

State Alignment

Objective 1-1	By 2015 education related to mental health issues for emergency response personnel and other community partners will have been done and a plan for ongoing education will be in place.	Baseline Year	Baseline Value	Target Year	Target Value
		2013	no education provided	2015	education provided

Report Date: 04082016

Year: 2015

Value: some education provided, mechanisms for treatment implemented

Progress on Objective

Met, trend in right direction Not met, trend in right direction
 Met, no trend Not met, no trend
 Met, trend in wrong direction Not met, trend in wrong direction

Progress notes:

Strategy 1-1.1 Develop a workgroup to identify training needs of emergency response personnel and community partners

Strategy Type: Address Social Determinant / Health Inequity

Who's Responsible: Boone County Hospital

Target Date: Dec 31, 2015

Report Date: Apr 8, 2016

Progress on Strategy

Complete On track Off track No progress

Progress notes: Partnering with Boone County Hospital as the lead for the group. December 2015- No further progress.

Strategy 1-1.2 New Strategies from Boone County Hospital Community Health Needs Assessment done June 2013: (1) Investigate the addition of an outpatient geropsych program, (2) Take lead in developing a community task force that meets regularly to address access issues, (3) Continue to advocate for expanded Medicaid coverage and Mental Health redesign in Iowa, and (4) Investigate adding a psychiatric specialist to outreach program in specialty clinic.

Strategy Type: Clinical Intervention

Who's Responsible: Boone County Hospital

Target Date: Dec 31, 2015

Report Date: Apr 8, 2016

Progress on Strategy

Complete On track Off track No progress

Progress notes: (1) Hospital looked into outpatient geropsych and decided it was not feasible due to poor reimbursement. (2) Committee of emergency room staff, emergency room physician, and judicial law enforcement met to discuss the process of dealing with mental health issues. (3) May 2014 - Have had staff from Broadlawns at the Free

Clinics in Boone to help people sign up for Medicaid. Those without health insurance are assessed when enter the ER and referred to contact person at the hospital registration area to assisting signing up for coverage (4) Hospital looked at adding a psychiatric specialist to specialty clinic but were unable to find any currently. May 2015- Hospital is working with an entity to implement Mental Health Triage in their ER. Coordinator of the Free Clinic now refers anyone that is not covered by insurance to the person at patient registration at Boone County Hospital to assist with signing people up. Boone County Hospital now has telehealth for psych for the ER staff to access when triaging mental health patients. This is also to assist in finding beds for placement when needed.

Strategy 1-1.3 Explore resources and funding available for mental health education for community partners and emergency personnel.

Strategy Type
Counseling & Education

Who's Responsible
Boone County Hospital

Target Date
Dec 31, 2015

Report Date
Feb 29, 2016

<u>Progress on Strategy</u>			
<input type="checkbox"/> Complete	<input checked="" type="checkbox"/> On track	<input type="checkbox"/> Off track	<input type="checkbox"/> No progress

Progress notes: 2 staff sent for Management of Aggressive Behavior (MOAB) training in June 2012. They will now train others in the county. May 2014 - No additional staff training has been done at this time due to lack of time and resources. May 2015 - Boone County Hospital is working with an entity to implement Mental Health Triage in their ER. The mental Health Triage is being completed as mentioned above in the ER via Telehealth now.