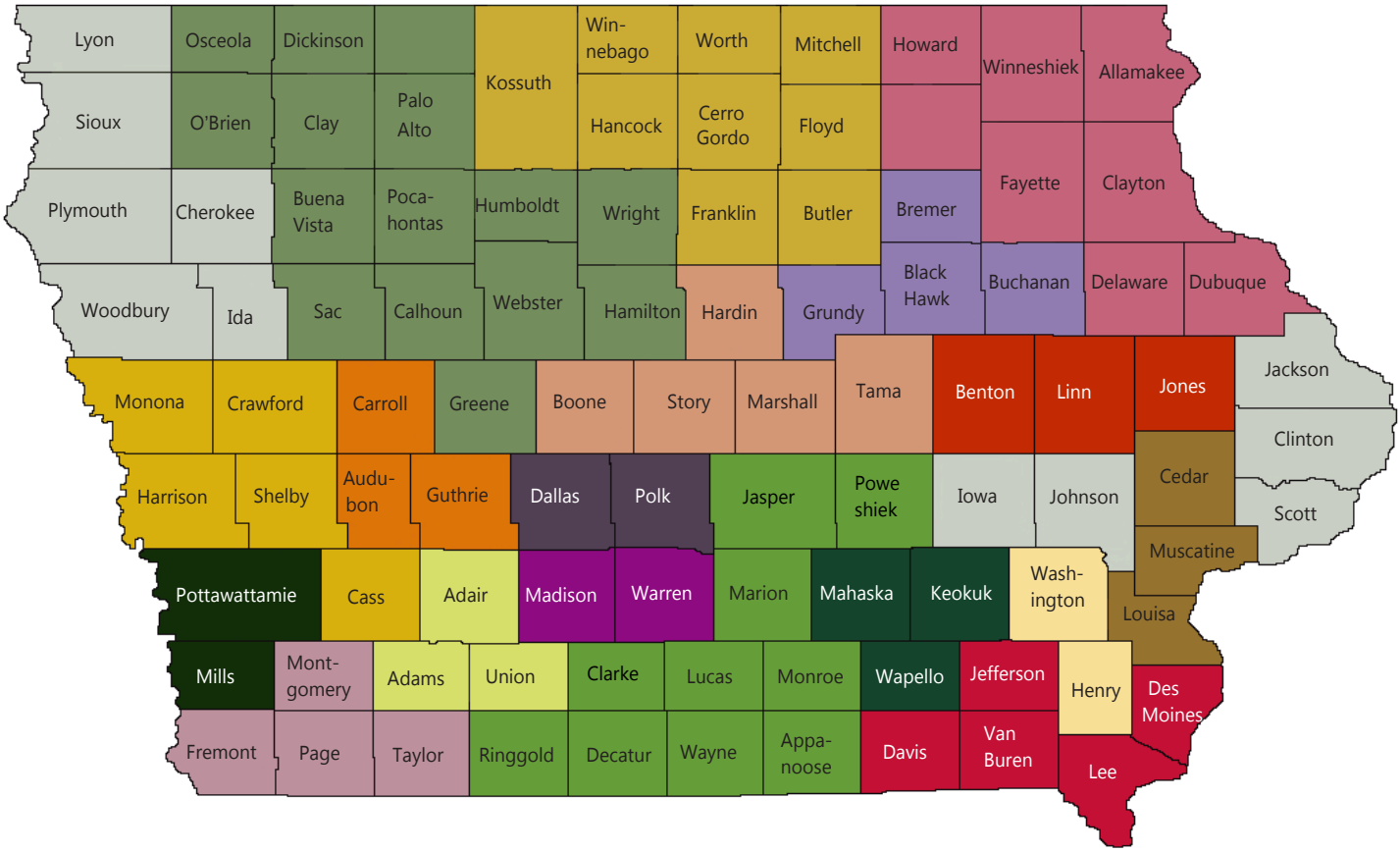
IDPH Iowa Department of Public Health

Healthy mental development in the first five years

1st Five

1st Five Local Contact Information FY16

Click the county on the map to view contact information



Implementation Sites

1. Black Hawk County Public Health Department
2. Hawkeye Area Community Action Program
3. Crawford County Home Health, Hospice & Public Health
4. Lee County Health Department
5. Mid-Iowa Community Action
6. New Opportunities, Inc.
7. Taylor County Public Health
8. Trinity Muscatine Public Health
9. Dubuque Visiting Nurse Association
10. Visiting Nurse Services of Iowa
11. Warren County Public Health

Community Planning Sites

12. FAMILY, Inc.
13. Marion County Public Health
14. Webster County Health Department

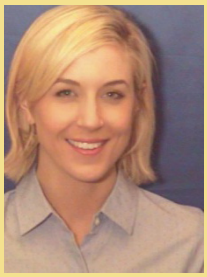
State Contact Information

State Coordinator

Name: Michelle Holst
Phone: (515) 954-6087
Fax: (515) 725-1760

E-mail: michelle.holst@idph.iowa.gov

Program Consultant



Name: Rebecca Goldsmith
Phone: (515) 281-7721
Fax: (515) 725-1760

E-mail: rebecca.goldsmith@idph.iowa.gov

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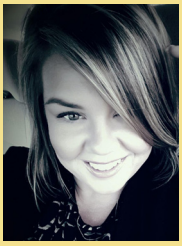
Black Hawk, Bremer, Buchanan, Chickasaw, Delaware, Grundy



1st Five Coordinator:
Name: Brandyce Frink
Phone: (319) 292-2213
Fax: (319) 291-2659

Local 1st Five Agency:
Black Hawk County Public Health Department
1407 Independence Ave, 5th Floor
Waterloo, IA 50703

E-mail: bfrink@co.black-hawk.ia.us

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Cass, Crawford, Harrison, Monona, Shelby

1st Five Coordinator:
Name: Nikki Ahart
Phone: (712) 263-3303
Fax: (712) 263-4033

Local 1st Five Agency:
Crawford County Home Health Hospice, & Public Health
105 North Main Street
Denison, IA 51442

E-mail: hccms.1stfiveprogram@gmail.com

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Benton, Jones, Linn

1st Five Coordinator:
Name: Diana Strahan
Phone: (319) 739-0601
Fax: (319) 378-6909

Local 1st Five Agency:
Hawkeye Area Community Action Program
1515 Hawkeye Drive
Hiawatha, IA 52233

E-mail: dstrahan@hacap.org

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Davis, Des Moines, Jefferson, Lee, Van Buren

1st Five Coordinator:
Name: Jamie Beskow
Phone: (800) 458-6672 ext. 141
Fax: (319) 372-4374

Local 1st Five Agency:
Lee County Health Department
2218 Avenue H
Fort Madison, IA 52627

E-mail: jbeskow@leecountyhd.org

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Boone, Hardin, Marshall, Story, Tama

1st Five Coordinator:
Name: Megan Thompson
Phone: (515) 232-9020 ext. 129
Fax: (515) 956-3310

Local 1st Five Agency:
Mid-Iowa Community Action
226 SE 16th Street
Ames, IA 50010

E-mail: megan.thompson@micaonline.org

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Audubon, Carroll, Dallas, Guthrie, Sac

1st Five Coordinator:
Name: Ashleigh Wiederin
Phone: (712) 792-9266 ext. 213
Fax: (712) 792-1457

Local 1st Five Agency:
New Opportunities, Inc.
23751 Hwy 30, PO Box 427
Carroll, IA 51401

E-mail: awiederin@newopp.org

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Fremont, Montgomery, Page, Taylor

1st Five Coordinator:
Name: Jacqi Reed
Phone: (712) 427-0085
Fax: (712) 523-3402

Local 1st Five Agency:
Taylor County Public Health
405 Jefferson Street
Bedford, IA 50833

E-mail: 1stFive@taylorcountyhealth.com

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Cedar, Louisa, Muscatine

1st Five Coordinator:
Name: Jamie Walker
Phone: (563) 264-9153
Fax: (563) 263-0520

Local 1st Five Agency:
Trinity Muscatine Public Health
1609 Cedar Street
Muscatine, IA 52761

E-mail: jamie.walker2@unitypoint.org

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Allamakee, Clayton, Dubuque, Fayette, Howard, Winneshiek

1st Five Coordinator:
Name: Sara Herzog
Phone: (563) 556-6200
Fax: (563) 556-4371

Local 1st Five Agency:
Dubuque Visiting Nurse Association
1454 Iowa Street
Dubuque, IA 52001

E-mail: sara.herzog@unitypoint.org

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Jasper, Mahaska, Polk, Poweshiek

1st Five Coordinator:
Name: Amber Schelling
Phone: (515) 557-9007
Fax: (515) 280-7623

Local 1st Five Agency:
Visiting Nurse Services of Iowa
2910 Westown Parkway, Suite 200
West Des Moines, IA 50266

E-mail: ambers@vnsia.org

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Clarke, Madison, Warren

1st Five Coordinator:
Name: Veronica McVay
Phone: (515) 961-1074
Fax: (515) 961-1083

Local 1st Five Agency:
Warren County Public Health
301 North Buxton, Suite 203
Indianola, IA 50125

E-mail: veronicam@co.warren.ia.us

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Mills, Pottawattamie

1st Five Coordinator:
Name: Sarena Dacus (interim)
Phone: (712) 256-9566
Fax: (712) 256-9916

Local 1st Five Agency:
FAMILY, Inc.
3501 Harry Langdon Blvd. Suite 150
Council Bluffs, IA 51503

E-mail: sdacus@familyia.org

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Appanoose, Lucas, Marion, Monroe, Wayne

1st Five Coordinator:
Name: Stacy Haas
Phone: (641) 828-2238 ext. 152
Fax: (641) 828-3442

E-mail: shaas@marionph.org

Local 1st Five Agency:
Marion County Public Health
2003 North Lincoln
Knoxville, IA 50138

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Calhoun, Emmet, Greene, Hamilton, Humboldt, Palo Alto, Pocahontas, Webster, Wright

1st Five Coordinator:
Name: Kari Prescott
Phone: (515) 574-3833
Fax: (515) 955-1682

Local 1st Five Agency:
Webster County Health Department
723 1st Ave South
Fort Dodge, IA 50501

E-mail: kprescott@webstercountyia.org

Name: Tricia Nichols
Phone: (515) 573-4107
Fax: (515) 955-1682

E-mail: tnichols@webstercountyia.org

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