

Week ending issue: October 2, 2015 – Issue # 266

Policy

From the WIC Services Policy and Procedure Manual – 360.65 Infection Control Guidelines, Cleaning Clinic and Equipment

WIC equipment and clinic work surfaces must be cleaned on a regular basis. Use the following guidelines to assure the highest sanitary conditions possible.

- Use a paper liner or other barrier protective covering on the infant scale and length board to catch any body fluid spills such as urine, feces, vomit.
- Clean scales, length boards and height boards daily following the manufacturers' cleaning instructions or with using an EPA-registered detergent/disinfectant.
- Immediately clean and disinfect equipment following contact with a participant with visible skin lesions or after contact with body fluids.
- Use protective gloves when cleaning up spills.
- *Promptly clean up spills and disinfect appropriately.*

Clean surfaces with an EPA-registered detergent/disinfectant such as a:

- Germicide or disinfectant that is approved for hospital use by the EPA, or
- Mixture of one tablespoon bleach + 1 quart water. Mix fresh daily.

*Note: Do **not** use bleach on metal equipment it will corrode the surface. Do **not** use alcohol to disinfect large surfaces.*

Clean body fluid spills (urine, feces, or vomit) with soap and water and then disinfect surfaces with bleach or other disinfectant.

Clean all blood spills immediately with an EPA-approved disinfectant or 1:10 bleach solution. Check manufacturer's instructions before cleaning. Spills should be cleaned by staff who have had training in bloodborne pathogens and vaccination protection against hepatitis B.

Place all contaminated disposable materials (cotton swabs) in a plastic bag and seal before discarding into the clinic's normal disposal system.

WIC ID Folder Status:

The WIC ID folders are expected to ship to the Clearinghouse this Friday, October 2nd. It would be expected to be able to order them by Monday, October 5th, so we watching for them on the Clearinghouse site.

The WIC Works Resource System is moving!

On September 30, 2015, the WIC Works Resource System will be closing its virtual doors and moving to its new home address: <https://wicworks.fns.usda.gov/>

Likewise, the Loving Support and the WIC Nutrition Services Standards pages will also have new addresses: <https://lovingsupport.fns.usda.gov/> and <https://wicnss.fns.usda.gov/> respectively. Visitors to the old site will be redirected to the new site but we encourage you to bookmark these new addresses to quickly access the site directly.

WIC-Talk will not be available after September 30, 2015. However, all other components of the WIC Works Resource System (WIC Learning Online, the sharing galleries, publication order forms, etc.) will remain active.

Increase in Women’s CVV

Per WIC Regulations, the CVV amount for pregnant, not breastfeeding and breastfeeding women increased from \$10 to \$11 on October 1st. The CVV amount for women eligible to receive 1.5 times the amount (fully breastfeeding multiples) increased from \$15.00 to \$16.50. The child and infant CVV did not change.

Communication and Rapport Building Workshop

Please see the information for the Communication and Rapport Workshop on October 28th, 2015 at the end of this Friday Facts.

Training Announcement

Information security awareness training is an annual requirement for state employees, contractors, volunteers and partners. The Iowa Department of Public Health is requiring that staff, contractors, volunteers and partners complete the Securing the Human online training.

The Securing the Human security awareness training takes approximately 1.25 hours and covers the following topics:

Introduction	Working Remotely
You Are the Target	Insider Threat
Social Engineering	Physical Security
Email and Messaging	Protecting Your Computer
Browsing	Protecting Kids Online

Social Networks	Hacked
Mobile Device Security	HIPAA
Passwords	PII
Encryption	Data Retention
Data Security	Federal PII
Data Destruction	Social Security Numbers
Wi-Fi Security	Summary of Training (End)

Logging into the Training:

You will receive an email with “Securing the Human” in the subject line and a link to the training website <https://vle.securingshehuman.org/login/> .

Completing the Training:

When you log in to the training site you will see a list of all modules to be completed. Click on the training module to view the training.

You may log out of the site between modules. The training will highlight the next module to be completed. Once you have successfully completed all modules you will get a completion certificate.

You must complete the training by October 31, 2015

*eWIC/Focus Update
Find Us on Facebook*

The eWIC/Focus pilot is fast approaching and is scheduled to begin October 27th in Marion County. The State office and CDP will be conducting live shopping trips in the pilot area stores starting in mid-October. These trips will help ensure that these stores are ready to begin taking the eWIC card.



<https://www.facebook.com/IowaWIC>

Dates to Remember

2015 ****note highlighted dates and topics indicate a change from the usual****

New Employee Training Go-To Meeting

- NETC Go-To- Meeting (All New Staff) – November 12, from 8:30-11:30
- NETC Go-To-Meeting (Health Professional) – November 18, from 8:30-11:30
- NETC Go-To-Meeting (Support Staff) - November 19, from 8:30- 11:30

****Please note the dates in November.**

Core Trainings

- Communication and Rapport: October 28, 2015

Available Formula

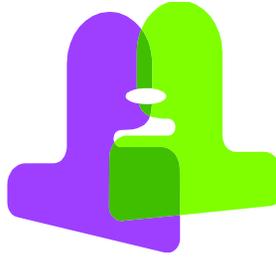
Product	Quantity	Expiration Date	Agency	Contact
Nutren Jr. w/Fiber (Vanilla)	78 (3 cases + 6 individual containers)	9/2015	Marion County Public Health	Jessica Johnson 641-828-2238 x225
Neocate Junior	11 cans	9/2015	Mid Iowa Community Action	Sierra Steven 515-232-9020, ext. 105
Neocate Infant	20 cans	2: 11/2015 1: 1/2016 16: 2/2016 1: 8/2016	Mid Iowa Community Action	Sierra Stevens 515-232-9020, ext. 105
Powdered Pregestimil	5 cans	11/1/2015	Operation Threshold	Sue Burnett 319-292-1827
Powdered Nutramigen	3 Containers 8 Containers	11/2015 12/2015	Operation Threshold	Sue Burnett 319-292-1827
Powder Nutramigen Toddler with Enflora LGG	7 – 12.6 oz Container 20 - 12.6 oz Container	11/1/2015 2/1/2016	Mid-Sioux Opportunity	Amy Kreber 712-786-3488
RCF Concentrate	26- 13 oz cans	2/1/16	Broadlawns	Rose Logan 515-282-6717
Peptamen Junior 1.5 Cal	114 – 250 ml containers	3 – 6/2016	HACAP	Angela Munson 319-366-7632
Enfaport	17 – 6 packs of 6 oz containers	4/1/16	HACAP	Angela Munson 319-366-7632
Pediasure 1.5 cal Vanilla	65- 8oz cans	6/1/2016	Broadlawns	Rose Logan
Pediasure 1.5 with Fiber	4 cases	8/2016	Mid-Iowa Community Action	Sierra Stevens 515-232-9020, ext. 105
Calcilo XD	1 can	2/2017	Broadlawns	Kathy Flagg 515-263-5660
Powder Infant EleCare Amino Acid Based Infant Formula with Iron	5 – 14.1 oz cans	3/2017	North Iowa Community Action	Janelle Pansegrau 641-423-5044 x35
Similac PM 60/40	7 cans	5/2017	Webster County	Kathy Josten 515-573-4107
Complete Amino Acid Mix	1 can	10/21/2017	Mid-Iowa Community Action	Sierra Steven 515-232-9020, ext. 105

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

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Communication & Rapport Building Skills Workshop October 28, 2015

A quality WIC nutrition assessment contains elements of both art and science to collect, evaluate and interpret the information provided by participants. Effective communication and rapport building skills foster a sense of trust and help build a relationship between participants and WIC staff. When participant-centered assessment and education techniques are used to encourage dialogue and feedback, quality information is collected for the assessment that contributes to individualized services addressing specific needs and interests. This interactive workshop for WIC nurses and dietitians will strengthen communication and rapport building skills.

Agenda

- 8:15 Registration
- 8:30 Setting the Stage for Quality Nutrition Assessments- Nikki
- 8:45 Using Stages of Change in Nutrition Assessment-Kimberly
- 9:30 Stretch Break
- 9:45 OARS and 3-Step Counseling- Nicole
- 10:30 Motivational Interviewing-Nikki
- 11:15 Emotion-Based Counseling-Kimberly
- 11:30 Rolling with Resistance and Jumping over Barriers- Kimberly
- 12:00 Lunch
- 1:00 Putting it All Together with PCE-Holly
- 1:30 Western Region WIC PCE Video- “WIC Recertification Appointment” and “Providing Feedback”- Nikki
- 2:00 Putting Everything to Work-Activities-Kimberly (break included)
- 3:30 CEU's and Adjourn

Speakers

Nikki Davenport RD, LD, Nutrition Services Coordinator, IDPH
Nicole Newman, RD,LD, Community Health Consultant, IDPH
Kimberly Stanek, RD, LD, Community Health Consultant, IDPH

This workshop is sponsored by the Iowa Department of Public Health (IDPH), WIC Program.

Objectives

- Define rapport building and describe its use in nutrition assessment.
- Describe how to use the various approaches in nutrition assessment and education.
- Identify a participant's stage of change and suggest appropriate counseling strategies.
- Identify barriers to communication and develop strategies to overcome them.
- Demonstrate non-verbal communication techniques that result in positive communication.
- Suggest at least one way to use the assessment ruler in nutrition assessment and counseling.

Location

The workshop will be held at the Ankeny campus of the Des Moines Area Community College. The workshops will be in Building 24- rooms 201 and 203. Parking is available at no charge. A map of the campus and directions to the campus are attached to this agenda.

Registration

The registration fee for each workshop is \$40.00. This fee covers lunch, breaks and print materials. You may register by:

- Mail using the enclosed registration form or
- Telephone by calling (515) 964-6800 or 1-800-342-0033 or
- Register online at <https://ce.dmacctraining.com/dmacc2/public/store/search.do?navigator=search&coursetype=EVNT&searchInitLetter>

Space is limited to 45 participants. Pre-registration is required by October 21.

This event would only be cancelled due to natural or political catastrophes with notice provided to all registrants via phone and email.

Continuing Education

- 0.62 CEUs have been approved for nurses through Nursing Provider Number 22.
- Certificates of attendance will be provided to dietitians.

To receive a certificate of attendance, nurses and dietitians must attend the session in full.

Breastfed Infants Welcome

Mothers may bring quiet breastfeeding babies less than 6 months of age to the workshops. Due to the professional nature of the sessions, mothers are expected to care for their babies outside the meeting room when needed. Mothers are strongly encouraged to bring a support person along to provide baby care outside the meeting room.

Questions?

If you have questions about registration, please call (515) 256-4908. For questions about the agenda, please call (800) 532-1579 and ask for Nikki.

REGISTRATION

Communication & Rapport Building Skills Workshop AHNE 993 CRN 18372

October 28, 2015

Name: _____

Address: _____

Agency: _____

How did you hear about this workshop?

Required for new WIC employee Received information from MCH Agency

Daytime phone: _____

Social Security #: _____

Email address: _____

Please check the box below if you would like a vegetarian meal. The meal may contain dairy products.

_____ I would like a vegetarian meal

The registration fee is \$40 for this workshop. Please make checks payable to Des Moines Area Community College.

Temperature in this room may be variable, please bring a sweater. There is a drinking fountain and vending machines in the building. Please notice the change in location. This workshop is in Building 24 Room 201.

Register online at

<https://ce.dmacctraining.com/dmacc2/public/store/search.do?navigator=search&coursetype=E VNT&searchInitLetter> or **Send this form and payment by October 21, 2015 to:**

Des Moines Area Community College
Registration Building 1
2006 Ankeny Blvd.
Ankeny, Iowa 50021

ANKENY CAMPUS

