



Week ending issue: August 5, 2016– Issue #302

Policy

New in the FY2017 contract effective immediately. The lodging maximum reimbursement rate has been increased to \$98.00 plus taxes per night. All other travel amounts remain the same.

Article X - Payments:

1. The Contractor shall complete and submit a monthly claim in the grant site located in [IowaGrants](#) within 45 days of the month of expenditures.
2. The Department provides contractual payments on the basis of reimbursement of actual expenses in accordance with Iowa Code 8A.514.
3. The Department will **not** reimburse travel amounts in excess of limits established by Iowa Department of Administrative Services.
 - a. Instate maximum allowable amounts for food are \$8.00/breakfast, \$12.00/lunch and \$23.00/dinner; lodging maximum **\$98 plus taxes per night** and mileage maximum of \$0.39 per mile.
 - b. Out of state maximum allowable amounts for meals are available upon request. There is no restriction on airfare or lodging but the incurred expenditures are to be reasonable.

Information

Job Opening:

State WIC Director at Polk County IDPH - [View details](#)

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## August 31<sup>st</sup> - Free Webinar: “Share the Love – Starting a Food Rescue Program in Your Community”

“Share the Love – Starting a Food Rescue Program in Your Community” is an opportunity for attendees to learn from 3 different non-profit organizations (Iowa food rescue partners, Table to Table in Iowa City and Food Rescue Partnership in the Quad Cities) working to combat hunger by reducing food waste. Attendees will learn about different approaches to food rescue and glean ideas for starting or increasing food rescue in their community.

### During this webinar, you’ll learn:

- Three different models addressing food rescue in Iowa communities
- Federal laws in place to protect food donors
- Resources available to start a food rescue program in your community

Learn from 3 groups who are engaged with food rescue. Each will share how they got started, lessons learned, and resources available to other groups looking to replicate efforts in their community.

See the attached flier at the end of this edition of Friday Facts for information on how to register.

### *Thank you of the Week*

### *Participant Centered Services*

### *Save the Date*



The banner features the SAMHSA logo on the left, which includes the text "Substance Abuse and Mental Health Services Administration" above "SAMHSA" and the website "www.samhsa.gov" and phone number "1-877-SAMHSA-7 (1-877-726-4727)" below. On the right is the Department of Health & Human Services logo. A red banner across the middle contains the text "Behavioral Health Is Essential to Health • Prevention Works • Treatment Is Effective • People Recover".

***Please mark your calendars and join SAMHSA and Project LAUNCH for a webinar highlighting the recently developed Maternal Depression Toolkit!***

**Depression in Mothers: More Than the Blues** is a user-friendly toolkit developed by SAMHSA, in partnership with experts in the fields of mental health and maternal and child health. The toolkit delivers background information about depression. It also offers ideas that providers can use daily when helping mothers, and their families, who may be suffering from depression. Dr. Deborah Perry, from Georgetown University's Center for Child and Human Development, will walk the participants through the toolkit framework and components. Opportunities for additional technical assistance also will be shared.

Please join SAMHSA to learn more about how you can best support pregnant women and mothers of young children who may be at risk for or experiencing depression.

### **Who Should Participate?**

This webinar will benefit early childhood professionals who interact with pregnant women and new mothers. It will be especially useful to WIC staff, home visitors, and Healthy Start staff already working with families to raise awareness and understanding about maternal depression.

### **Date:**

Monday, August 15, 2016

11:00 AM – 12:30 PM Pacific Time 12:00 PM – 1:30 PM Mountain Time 1:00 PM – 2:30 PM  
Central Time 2:00 PM – 3:30 PM Eastern Time

### **Place:**

Webinar

### **Contact:**

Courtney Casey  
Conference Manager  
Affirma Solutions, Inc.  
240-708-2381

[ccasey@affirmasolutions.com](mailto:ccasey@affirmasolutions.com)



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## *Find Us on Facebook*



<https://www.facebook.com/IowaWIC>

## ***eWIC/Focus Update***

If the certify button is not enabled in Focus for an applicant that you are trying to certify, check to see if there are past multiple certification dates in the record that carried over from IWIN. If there are, the certification button should be enabled for one of those dates.

## ***Dates to Remember/Training***

### **August:**

- WIC Contractor Meeting – August 30<sup>th</sup>
- August 31<sup>st</sup> - **Free Webinar: “Share the Love – Starting a Food Rescue Program in Your Community”**

**“Share the Love – Starting a Food Rescue Program in Your Community”** is an opportunity for attendees to learn from 3 different non-profit organizations (Iowa food rescue partners, Table to Table in Iowa City and Food Rescue Partnership in the Quad Cities) working to combat hunger by reducing food waste. Attendees will learn about different approaches to food rescue and glean ideas for starting or increasing food rescue in their community.

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### **September:**

- NETC Webinar (All New Staff) – September 15, 8:30-11:30 a.m.
- NETC Webinar (Health Professional) – September 22, 8:30-11:30 a.m.
- NETC Webinar (Support Staff) – September 29, 8:30-11:30 a.m.

### **October:**

- Communication and Rapport Workshop – October 26th

### **November:**

- NETC Webinar (All New Staff) – November 10, 8:30-11:30 a.m.
- NETC Webinar (Health Professional) – November 16, 8:30-11:30 a.m.
- NETC Webinar (Support Staff) – November 17, 8:30-11:30 a.m.

## Available Formula

| Product                                 | Quantity             | Expiration Date | Agency                       | Contact                                                                                                     |
|-----------------------------------------|----------------------|-----------------|------------------------------|-------------------------------------------------------------------------------------------------------------|
| Vivonex T.E.N.                          | 60- 2.84 oz. packets | 11/2016         | State WIC Office             | Nicole Newman 515-281-4545                                                                                  |
| Keto cal. 3:1, 11 oz. Unflavored Powder | 8 containers         | 9-4-16          | HACAP                        | Angela Munson 319-366-7632                                                                                  |
| Pediasure 1.0                           | 1 case               | 11-16-16        | HACAP                        | Angela Munson 319-366-7632                                                                                  |
| Ketocal 4.1 (vanilla)                   | 1 case               | 9-9-16          | HACAP                        | Angela Munson 319-366-7632                                                                                  |
| RTU Neosure                             | 26 containers        | 9-1-17          | Upper Des Moines Opportunity | Tammy Chapman, RD, LD<br>712-859-3885, Ext. 110<br><a href="mailto:tchapman@udmo.com">tchapman@udmo.com</a> |
| RCF Concentrate                         | 11 cans              | May 2017        | Webster County WIC           | Kathy Josten, LD, CBE<br>515-573-4107                                                                       |
|                                         |                      |                 |                              |                                                                                                             |

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD- 3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights 1400  
Independence Avenue, SW  
Washington, D.C.20250-9410;
- (2) Fax: (202) 690-7442; or
- (3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.

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# [Live Webinar] “Share the Love – Starting a Food Rescue Program in Your Community”

*Learn from 3 different Iowa non-profit organizations working to combat hunger by reducing food waste.*

- 40 percent of the good, safe food produced in America is never making it to people's plates. That means 70 million tons, goes to waste. ([source](#))
- In Iowa, 1 in 8 adults faces food insecurity daily. ([source](#))
- 12.6% of Iowans are struggling with hunger. This translates to over 389,250 Iowans, and include 139,850 children. ([source](#))

Food rescue is the process of collecting donated food from restaurants, grocery stores, growers, event centers, caterers, and other food service providers, and distributing that food to people in need through local social service organizations. In the food business, predicting exact levels of demand can be a challenge. As a result, there is often safe, prepared food left unsold at the end of a shift, event, or work day. Such food can be put to good use through a food rescue program, which manages the pickup of donated food and distribution to agencies that serve people who are food insecure.

During this webinar, you'll learn:

- Three different models addressing food rescue in Iowa communities
- Federal laws in place to protect food donors
- Resources available to start a food rescue program in your community

Learn from 3 groups who are engaged with food rescue. Each will share how they got started, lessons learned, and resources available to other groups looking to replicate efforts in their community.



**Eat Greater Des Moines** – Eat Greater Des Moines, a nonprofit organization, works to provide access to healthy food for all Iowans. Their mission is to identify, develop, and connect resources with the broader community to support the entire food lifecycle in central Iowa. Eat Greater Des Moines works to make food rescue easier for donors and recipient organizations. They do this through developing relationships between both parties and making the process easy with a newly released smartphone application, ChowBank. The [ChowBank](#) app makes connecting with a local social service agency easy!



**Table to Table** - The mission of Table to Table is to keep wholesome, edible food from going to waste by collecting it from donors and distributing to those in need through agencies that serve the hungry, homeless and at-risk populations. Since starting in April of 1996, Table to Table volunteers have rescued and distributed over 14 million pounds of food to area agencies.



**Food Rescue Partnership** - The Food Rescue Partnership is a community-focused coalition committed to rescuing food throughout the Quad Cities that would otherwise be thrown away, by informing and engaging the public and by fostering partnerships among food establishments, the Foodbank, food pantries, meal sites, and shelters.

**Date:** Wednesday, August 31<sup>st</sup>

**Time:** 1:00 – 2:30 pm (CST)

**Registration:** <https://attendee.gotowebinar.com/register/2183235744203622401>

After registering, you will receive a confirmation email containing information about joining the webinar.

## Presenters



Aubrey Alvarez is the Executive Director of Eat Greater Des Moines in Des Moines. Eat Greater Des Moines started in April 2013 to help build connections throughout the food system. One area of focus includes food rescue. Aubrey is a graduate of the University of Northern Iowa (bachelor of arts in health promotion) and Drake University (masters in public administration). She is also a member of the leadership team for the Food Access and Health Collaborative, the Iowa Food Waste Stakeholder Coalition, Partnership For a Hunger Free Polk County, Hunger Free Dallas County Initiative, Regional Food System Working Group Steering Committee, and Food Hub Manager Working Group. She is a 2015 graduate of the Greater Des Moines Leadership Institute.



Bob Andrlik is the Executive Director of Table to Table Food Distribution Network in Iowa City. Table to Table was the first food rescue organization in Iowa and has rescued over 14 million pounds of food since their beginning in 1996. Bob believes it is imperative to keep wholesome food out of the waste stream and to channel it to those in need. He would like to see other communities benefit from the powerful impact a program of keeping food from going to waste can have. Bob began his studies at Coe College in Cedar Rapids and earned his degree in Liberal Studies from the University of Iowa in 2000. He joined Table to Table in 2001. He is also a member of the leadership team for the Food Access and Health Collaborative of the Iowa Food Systems Council, the Iowa Food Waste Reduction Task Force, the Johnson County Local Hunger Task Force, Grow Johnson County Board and the HACAP Food Reservoir Advisory Committee.



Christina McDonough is the Community Transformation Consultant at the Scott County Health Department. The Scott County Health Department collected data on 124 food system indicators and was leading organization to assist the workgroup in narrowing the focus to the % of food waste (industrial/commercial) food system indicator. Christina's position grants her the ability to participate in the first ever, Food Rescue Partnership. Christina earned her Bachelors in Health Promotion from the University of Northern Iowa in Health Promotion and is a Certified Health Education Specialist.