



Week ending issue: July 15, 2016 – Issue #299

Policy

Policy from the WIC State Operations Policy and Procedure Policy 215.05 Participant Categories and Certification Periods

In order to be certified, an applicant for the WIC Program must be categorically eligible. This means that the applicant must meet the regulatory definition for one of the participant categories. The participant's certification period depends on their category. This policy explains the categories and their certification periods.

Categorical eligibility is based on an applicant's self-report of:

- Age (for infants and children)
- Reproductive status (for women), and
- Medical condition (for women and children with special dietary needs).

For infants and children, this is the parent, guardian or other adult who has custody of the child and is responsible for the child's well-being. The parent/caretaker is authorized to sign the following WIC documents:

- Your Rights and Responsibilities as a WIC Participant
- WIC Identification Card
- Check receipts
- WIC checks
- Release of information of the referral and request for information forms

Information

The newest component to MyPlate:

MyPlate, MyState is the newest component of MyPlate, MyWins and leverages the prime growing and farmers market seasons. MyPlate, MyState asks the questions: What foods, flavors, and recipes is your state/territory know for, and how do they fit into your healthy eating style?

Participant Centered Services:

Thank you of the Week:

"The thing I like best about the eWIC card is that I can buy anything I want from my WIC benefits when I want, with checks I had to buy everything on the check or loose it, now if I just want a gallon of milk and some apples I can buy just that!" ~WIC Participant

eWIC Focus Update

Documentation of Address for Homeless Participants

In Focus, completing the address section is required, even if the participant is homeless. In the case of homeless participants staying at a motel or shelter we recommend recording the address for the motel or shelter where they are currently staying but then mark the Do Not Mail checkbox so no mail will actually go there. Then of course you should mark the homeless checkbox too.

A proof of identification is needed for each person when the participant signs the Rights and Responsibilities. There is an option titled "Staff Saw Earlier in Appointment" that can be chosen to make things easier when the signature is needed for the Rights and Responsibilities.

Find us on Facebook-

<https://www.facebook.com/IowaWIC>



Training

Infant & Child Nutrition Workshop – August 2, 2016 –see information at end of Friday Facts

<p>May:</p> <p>No NETC this month</p>
<p>July:</p> <p>NETC Webinar (All new staff) – July 14, from 8:30-11:30</p> <p>NETC Webinar (Health Professional) – July 21, from 8:30-11:30</p> <p>NETC Webinar (Support Staff) – July 28, from 8:30-11:30</p>
<p>September:</p> <p>NETC Webinar (All new staff) – September 15, from 8:30-11:30</p> <p>NETC Webinar (Health Professional) – September 22, from 8:30-11:30</p> <p>NETC Webinar (Support Staff) – September 29, from 8:30-11:30</p>

November: *Please note the dates in November*****

NETC Webinar (All new staff) – November 10, from 8:30-11:30

NETC Webinar (Health Professional) – November 16, from 8:30-11:30

NETC Webinar (Support Staff) – November 17, from 8:30-11:30

Dates to Remember-

- Infant/Child Workshop- August 2, 2016 – see attachments at end of Friday facts today
- WIC Contractor Meeting- August 30, 2016
- Communication and Rapport Workshop- October 26, 2016

Available Formula-

Product	Quantity	Expiration	Agency	Contact
Vivonex T.E.N.	60- 2.84 oz. packets	11/2016	State WIC Office	Nicole Newman 515-281-4545
Keto cal. 3:1, 11 oz. Unflavored powder	8 containers	9-4-16	HACAP	Angela Munson (319) 366-7632
Pediasure 1.0	1 case	11-16-16		
Ketocal 4:1 (vanilla)	1 case 2 cases	9-9-16 12-12-16		
Elecare	6 container powder 5 container powder	3-1-17 4-1-17		
Complete Amino Acid Mix	1 can	10-21-2017	Mid-Iowa Community Action	Sierra Steven (515) 232-9020, ext. 105
RTU Neosure	26 containers	9/1/17	Upper Des Moines Opportunity	Tammy Chapman, RD, LD (712) 859-3885 Ext. 110 tchapman@udmo.com

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339.

Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD- 3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed

to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) Mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights 1400
Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) Fax: (202) 690-7442; or

(3) Email: program.intake@usda.gov

This institution is an equal opportunity provider.

REGISTRATION

Infant & Child Nutrition Workshop
NAHE 921-300 CRN 34967
Building 7 – Walnut Room
August 2, 2016

Name: _____ Daytime phone: _____
Address: _____ Social Security #: _____

Agency: _____

The registration fee is \$50 for the workshop. Please make checks payable to Des Moines Area Community College.

Temperature in this room may be variable, please bring a sweater. Please notice the location of the workshop- Building 7: Walnut Room.

If you would like a vegetarian meal please email Nikki Davenport at Nikki.davenport@idph.iowa.gov. (The meal may contain dairy products.)

Register online at

https://ce.dmacctraining.com/dmacc2/public/store/search.do?navigator=retrieveltem&item=VpPT4SmVLE4sTe5PvV3-9A**&coursetype=EVNT

or Send this form and payment by July 28, 2016 to:

Des Moines Area Community College
Registration Building 1
2006 Ankeny Blvd.
Ankeny, Iowa 50021

Infant-Child Nutrition Workshop- Building 7, Ankeny DMACC - Walnut Room

Tuesday, August 02, 2016

This workshop will help dietitians, nurses, and health educators answer parent's questions about food intake, growth, and oral health for infants and children.

Agenda

8:00 am to 8:15 am	Registration
8:15 am to 9:30 am	Feeding Your Infant and Child
9:30 am to 10:30 am	Milk Feedings for Infants
10:30 am to 10:45 am	Break
10:45 am to 12:00 pm	Working with Families with Special Health Care Needs
12:00 pm to 1:00 pm	Lunch
1:00 pm to 2:00 pm	Oral Health Recommendations Infancy through Childhood
2:00 pm to 2:15 pm	Break
2:15 pm to 3:15 pm	Underweight Infants and Children
3:15 pm to 4:15 pm	Overweight Infants and Children
4:15 pm	Adjourn

Speakers

Mary Kay Brinkman, RDH, BS Dental Consultant, Iowa Department of Public Health
Nikki Davenport, RD, LD, WIC Nutrition Services Coordinator, Iowa Department of Public Health
Kimberly Stanek, RD, LD, Nutrition Consultant, Iowa Department of Public Health
Stephany Brimeyer, MPH, RD, LD, Early Access Nutrition Coordinator, Child Health Specialty Clinics Coordinator

Objectives

After attending this workshop, you will be able to:

1. Describe current recommendations for feeding infants and children.
2. Describe stages of growth and nutrition needs for infants and young children.
3. Describe how stage of development relates to the introduction of solid foods.
4. List recommended practices for infant and child oral hygiene.
5. Discuss feeding and nutrition concerns for children with special health care needs.
6. Identify overweight and underweight children and suggest feeding guidelines.
7. Describe how stage of development relates to the introduction of solid foods.

General Information

Registration fee The registration fee for the workshop is \$50.00. This fee covers lunch, breaks and print materials.

Deadline Space is limited so pre-registration is required by July 28, 2016.

How to register You may register by

- Mail using the enclosed registration form or
- Telephone by calling (515) 964-6800 or 1-800-342-0033 or

Online at
https://ce.dmacctraining.com/dmacc2/public/store/search.do?navigator=retrievevt&item=VpPT4SmVLE4sTe5PvV3-9A**&coursetype=EVNT

To drop or withdraw your registration and receive a full refund, you must notify Registration at least 48 hours (two business days) before the start of class. DMACC registration 515-964-6800.

Location The workshop will be held at the Ankeny campus of the Des Moines Area Community College. The workshop will be in the Walnut Room of Building 7.

Parking Parking is available at no charge. A map of the campus is enclosed. Please notice the change in location. (See campus map.)

CEUs

- Certificates of attendance will be provided to dietitians.
- In order to receive a certificate attendance for files, CEUs must be requested.
- Continuing Education Contact Hours are approved by DMACC IBON #22
- 100% attendance is required to issue contact hours

Infants attending Mothers may bring quiet breastfeeding babies less than 6 months of age to the workshops. Due to the professional nature of the sessions, mothers are expected to care for their babies outside the meeting room when needed. It may be easiest to bring a support person along to provide baby care outside the meeting room.

Continued on next page

General Information, Continued

Directions from Interstate 35 Follow these directions if you will be traveling to Ankeny on Interstate 35.

Step	Action
1	Exit the interstate at Exit 90 and turn west onto Oralabor Road (also known as Highway 160). <u>Note:</u> This exit is marked for the community college.
2	Move to the right lane and continue on Oralabor Road to the intersection with Highway 69.
3	Turn north (or right) onto Highway 69 and move to the left lane.
4	Continue on Highway 69 to the first stoplights and turn west into the campus.
5	Watch for signs to the Conference Center/Building 7.

Directions from Interstate 80 Follow these directions if you will be traveling to Ankeny from Interstate 80.

Step	Action
1	Exit the interstate at Exit 136 and turn north onto Highway 69.
2	Move to the left lane and continue north on Highway 69 approximately three miles. At the intersection with Highway 160, you can see the campus across the intersection and to the left.
3	Continue north through the intersection. Turn west (left) at the next stoplight to enter the campus.
4	Watch for signs to the Conference Center/Building 7.

Meeting sponsors

These workshops are sponsored by the

- Iowa WIC Program, Iowa Department of Public Health
- Des Moines Area Community College

Questions

Use the table below to determine who to call with questions.

IF you have questions about...	THEN call...
registration	(515) 964-6800.
the agenda	1 (800) 532-1579 and ask for Nikki or Kimberly
