5 things YOU need to know about the Adolescent Well Visit

- The well visit is more than a physical
  It includes discussion of health topics

- The doctor will respect your privacy

- The doctor can talk about any of your personal concerns

- The well visit is recommended every year

- Don't be embarrassed or afraid of being honest

#EveryAgeEvenTeenage

Additional Resources:
TEEN Line: 800-443-8336
www.idph.iowa.gov/Adolescent-Health