

New Statewide Tool to Help Iowa Schools Support Student Mental Health

A webinar introducing a new statewide tool to help Iowa schools support student mental health was held on July 23, 2014. This webinar was recorded and may be accessed by [clicking here](#).

The webinar included:

- information about Iowa's new suite of online trainings to support student mental health;
- how you can use the trainings to create a greater safety net for students; and
- how other states have successfully (and easily) integrated these trainings as part of their back-to-school and professional development initiatives.

The trainings being offered free of charge to all educators are: 1) At-Risk for High School Educators; 2) At-Risk for Middle School Educators; and 3) Step In, Speak Up! To access the trainings directly, please go to <http://www.kognito.com/iowa/> and click on "Create a New Account."

You may also download a 3-minute walk through of the *At-Risk for Middle School Educators* program (which was demoed during the webinar) by [clicking here](#). This video is also available in the "Spread the Word" section of the course training page (<http://www.kognito.com/iowa/>).

These trainings are offered as part of the Iowa Department of Public Health's Youth and Young Adult Suicide Prevention Project with funding from the Substance Abuse and Mental Health Administration's Garrett Lee Smith Suicide Prevention State Grant. Any questions may be directed to Pat McGovern at pat.mcgovern@idph.iowa.gov.