Zero to snack in 1 second.

(How easy is that?)

Want your kids to reach for a healthy snack?
Make sure fruits and veggies are in reach.

Pick a **better** *snack*™ & **Act**

Funded by USDA's Supplemental Nutrition Assistance Program, an equal opportunity provider and employer, in collaboration with the Iowa Department of Public Health.
Iowa Food Assistance can help you buy healthy food. Visit www.yesfood.iowa.gov for more information.