



Ready- to-Serve Snacks.

(How easy is that?)

Pick a **better** snack

Four food items are arranged horizontally, each centered between two horizontal lines. From left to right: an orange with a slice cut out, a head of green broccoli, a red apple, and a yellow carrot with green leaves.

Funded by USDA's Supplemental Nutrition Assistance Program (Food Assistance in Iowa). For help buying healthy food, visit www.yesfood.iowa.gov. USDA is an equal opportunity provider and employer.