

# Osceola County

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## Community Health Needs Assessment Snapshot

### Promote Healthy Behaviors

Problems/Needs:

- Lifestyle changes/training to prevent obesity, diabetes, cardiovascular disease  
decrease in high school graduation rate
- Prevalence of cohabitation; decreased value of marriage and the various problems that arise from an unstable family unit

### Prevent Injuries

Problems/Needs:

- Need to educate the public about use/misuse, storage and proper disposal of prescription and over-the-counter drugs to prevent children and visitor access.

### Protect Against Environmental Hazards

Problems/Needs:

- high radon level in the county
- environmental chemicals and pesticides

### Prevent Epidemics and the Spread of Disease

Problems/Needs:

None identified

### Prepare for, Respond to, and Recover from Public Health Emergencies

Problems/Needs:

None identified

## Strengthen the Public Health Infrastructure

### Problems/Needs:

- children's access to mental health

## Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
<p>To encourage lifestyle choices through activity/education to increase exercise, decrease obesity and promote wellness.</p>	<p>MENTOR GARDENING ACTIVITIES a. Middle school gardening class b. Container gardens/taste tests c. Community gardens d. Serve produce to elderly or in schools</p>	<p>Roxanne Hayenga, ISU Extension Education Director, ISU horticulture specialist,</p>	<p>a. April 2011 b. Sept 2011 - Apr 2012 c. Summer 2012-13 d. Fall 2012</p>
	<p>NUTRITION Offer taste tests from container gardens and community garden with nutrition info</p>	<p>Kathleen Osterman, School RN</p>	<p>Fall 2011 - 2013</p>
	<p>WELLNESS ACTIVITIES A. Target out of school times-- before school and after lunch periods-- to provide supervised gymnasium activities in middle and high school</p>	<p>ISU Extension</p>	<p>Fall 2011 - 13</p>
	<p>B. write for Wellmark grant to fund supervision of student activities at middle school and high school</p>	<p>ISU Extension, Pam Wehmeyer, Sandy Lamfers</p>	<p>Spring-Summer 2011</p>

Goal	Strategies	Who is responsible?	When? (Timeline)
Increase county residents knowledge of the misuse and proper disposal of prescription and over-the-counter drugs	Contact county pharmacies to consider drop box for expired and unused drugs for proper disposal	Nancy Ramsdell, R. Ph. CHR Annette Janssen, P.A.	March 30, 2011
	Informational flyer in utility bills to all households about securing drugs in the home so children/visitors do not have access.		June, 2011
	Make information available at Farm and Home Show, County Fair, community gatherings, speeches at Dinner Date, Rotary, Parent-Teacher Conferences.	Community Health	Spring 2011 through 2013
	Provide yellow or red plastic bags of kitty litter with hazard emblem/label to households with disposal instructions for over-the-counter drugs, herbals and supplements, and prescription drugs. Utilize 4-H groups or FFA groups to distribute and teach info.		Fall 2012
	Print and distribute informational flier with purchase of medication at local pharmacies to include Medicine Safety Tips. Contact State Poison Control Center and Lewis Drug for possible printed material.	Nancy Ramsdell	Fall 2011

Goal	Strategies	Who is responsible?	When? (Timeline)
Education campaign re: high radon levels in the community, testing procedure, and mitigation possibilities	1. Contact HS science dept. to consider community project for select students (who can use project for Community Service graduation requirement) to distribute and place radon kits in homes willing to participate in testing. 2. Do media campaign to ask for resident's cooperation in testing homes. 3. Make radon kits readily available to public during January and February, track number distributed and returned. Track results anonymously if testing company can provide information. Provide follow-up information regarding: certified testing specialists and mitigation possibilities.	Pam Juber, RN, Public Health	1. by March 30, 2011 2. Beginning in January 2012, distribute 100 radon test kits throughout Osceola Co. annually. Track radon test results and mitigation results annually for three years.
	Use information pamphlets at Farm and Home Show, County Fair, and other community meetings	public health staff	Throughout the year
	informational meeting with county realtors	Dennis Davids, Osceola Co. Env. Health	April 2011