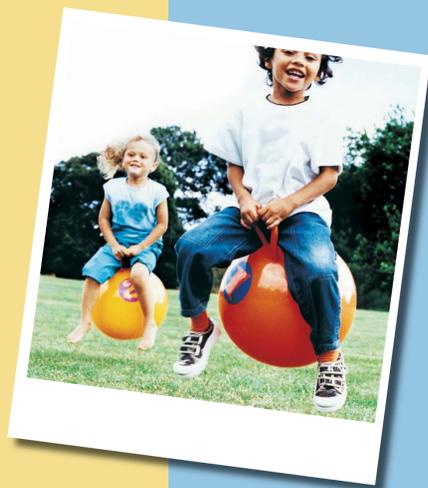


It's time to change how we view a child's growth

Social and emotional growth

..... 5 years
60 months



5 years (60 months)

Social/Emotional/Behavioral:

- Aware of gender
- Wants to be like his/her friends
- Shows more independence
- Sometimes demanding, sometimes cooperative

Physical Health/Vision/Hearing/Speech:

- Dresses/undresses without help
- Communicates easily with others

..... 4 years
48 months

4 years (48 months)

Social/Emotional/Behavioral:

- Can take turns in games
- Interested in new experiences
- Understands concept of counting and may know a few numbers

Physical Health/Vision/Hearing/Speech:

- Speaks in sentences, dresses self with help

..... 3 years
36 months



3 years (36 months)

Social/Emotional/Behavioral:

- Spontaneously shows affection for familiar playmates
- Pretend play
- Understands concept of "mine" and "his/hers"

Physical Health/Vision/Hearing/Speech:

- Runs easily, bends over easily without falling

..... 2 years
24 months

2 years (24 months)

Social/Emotional/Behavioral:

- Imitates behavior of others, especially adults and other children
- More excited about company of other children
- More aware of himself/herself as separate from others

Physical Health/Vision/Hearing/Speech:

- Walks alone, climbs stairs, kicks ball

..... 1 year
12 months



1 year (12 months)

Social/Emotional/Behavioral:

- Shows preference to certain people and toys
- May be shy or anxious with strangers

Physical Health/Vision/Hearing/Speech:

- Walks holding on to furniture
- Pulls to standing position

..... 9 months

9 months

Social/Emotional/Behavioral:

- Imitates sounds
- Says "mama," "dada"

Physical Health/Vision/Hearing/Speech:

- Sits well without support
- Transfers object from one hand to the other

..... 6 months

6 months

Social/Emotional/Behavioral:

- Enjoys social play (playing "peek-a-boo")

Physical Health/Vision/Hearing/Speech:

- Rolls both ways (front to back, back to front)
- Babbles
- Explores with hands and mouth

..... 3 months

3 months

Social/Emotional/Behavioral:

- Smiles when smiles at

Physical Health/Vision/Hearing/Speech:

- Raises head and chest when lying on stomach
- Follows moving objects
- Turns head toward direction of sound

Is your child reaching their developmental milestones? If not, talk to your doctor.

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1-800-383-3826



Healthy mental development in the first five years.

1 of out of 6 children experience developmental concerns that could negatively impact the rest of their lives. The earlier a developmental problem is identified, the more you can do to help your child. Talk with your doctor about your child's total development.